

This is the ninth edition of HIV/AIDS RESOURCES IN BALTIMORE AND MARYLAND by AIDS ACTION BALTIMORE, INC. We hope that you will find it useful. The inclusion of any listing in no way implies endorsement. Conversely, any omission is unintentional. This guide is constantly in revision. We hope that you will inform us if any additions or changes are necessary to make our guide as up-to-date as possible. For further information, call AIDS ACTION BALTIMORE, at 410-837-AIDS or fill out the request form at the back of this edition and mail it to: AIDS ACTION BALTIMORE, 10 East Eager Street, Baltimore, Maryland 21202, or send us an e-mail at [BaltoAIDS@aol.com](mailto:BaltoAIDS@aol.com).

## **DEDICATION**

**IN LOVING MEMORY OF GAREY LAMBERT and BARRON LAFIELD.  
THEIR ZEST FOR LIFE, FAITH, COURAGE AND PERSERVERANCE  
WILL ALWAYS BE REMEMBERED BY THOSE  
WHO KNEW AND LOVED THEM.**

**The work of AIDS Action Baltimore is sustained by the continuing contributions of:**

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Video Industry AIDS Action Committee  
(VIAAC)

Jane Louise Hurley

John Waters

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Paul & Karen Winicki

**In loving memory of the following posthumous contributors:**

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Jack Beall & Walter Fauth of the Gallery

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Stephen Early

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Russell Heare

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Scott H. Stamford

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Bernard Sulewski

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of the Leather Underground

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## I. A. HOTLINES

### **AIDS Action Baltimore, Inc.**

1-410-837-AIDS  
Monday - Friday 9:00 am - 5:00 pm

### **Baltimore City Health Department**

1-410-396-4398  
Monday - Friday 8:30 am - 4:30 pm

### **Baltimore County - AIDS Information**

1-410-887-AIDS  
Monday - Friday 8:00 am - 4:30 pm

### **Baltimore Crisis Response Hotline**

1-410-752-2272  
1-410-752-2259 Hearing Impaired  
24 hours a day

### **First Call for Help**

(United Way of Central Maryland)  
1-410-685-0525  
1-800-492-0618  
1-410-685-2159 Hearing Impaired  
24 hours a day

### **HERO**

1-410-685-1180  
Monday - Friday 9:00 am - 5:00 pm

### **National STD & AIDS Hotline**

Run by the American Social Health Association  
Sponsored by the C.D.C.  
1-800-342-AIDS (24 hours a day)  
1-800-344-7432 Spanish (8:00 am - 2:00 am 7 days a week)  
1-800-243-7889 Hearing Impaired (10:00 am - 10:00 pm Monday - Friday)

### **National Prevention Information Network sponsored by the C.D.C.**

1-800-458-5231  
1-800-243-7012 Hearing Impaired  
Monday - Friday 9:00 am - 6:00 pm

### **Statewide AIDS Information and Referral Services Hotline**

1-800-638-6252  
1-800-553-3140 Spanish  
Information and referral service for state  
9:00 am - 3:00 pm 7 days a week

### **Women Alive**

1-800-554-4876  
Peer program for and by women living with HIV/AIDS  
Monday, Wednesday & Friday 11 am - 6 pm

## **I. B. COMMUNITY SERVICE/ADVOCACY ORGANIZATIONS**

The following AIDS community service/advocacy organizations may be found throughout this guide listed under particular services found in the Table of Contents. However, many of these organizations also provide and/or are in the process of providing services that are not listed under any particular category in this guide. We suggest that you contact these agencies in order to find out what other services are currently available and/or are being implemented in the near future.

### **ACT UP/New York**

332 Bleecker St., #TMB5  
NYC, NY 10014  
1-212-966-4873

### **ACT UP/Philadelphia**

P.O. Box 22439  
Land Title Station  
Philadelphia, PA 19110  
1-215-731-1844

### **AIDS Action Baltimore, Inc.**

10 East Eager Street  
Baltimore, MD 21202  
Lynda Dee, President  
1-410-837-AIDS

### **AIDS Action Council**

1906 Sunderland Place, N.W.  
Washington, D.C. 20036  
1-202-530-8030

### **AIDS Alliance of Howard County**

P.O. Box 1784  
Ellicott City, MD 21043  
1-410-313-2333

### **AIDS Interfaith Network of Central Maryland**

P.O. Box 1402  
Cockeysville, MD 21030  
1-410-817-4093

### **AIRS (AIDS Interfaith Residential Services, Inc.)**

1800 N. Charles Street, Ste. 910  
Baltimore, MD 21201  
1-410-576-5070

### **American Red Cross Central Maryland Chapter**

4700 Mount Hope Drive  
Baltimore, MD 21215  
1-410-764-7000

### **Associated Black Charities**

1114 Cathedral Street  
Baltimore, MD 21201  
1-410-659-0000

### **Baltimore American Indian Center**

113 S. Broadway  
Baltimore, MD 21231  
1-410-563-4600

## **I. B. COMMUNITY SERVICE/ADVOCACY ORGANIZATIONS**

### **Black Mental Health Alliance**

2901 Druid Park Drive, Ste. A110  
Baltimore, MD 21215  
1-410-837-2642

### **Chase Brexton Health Services**

1001 Cathedral Street  
Baltimore, MD 21201  
David Shippee, Executive Director  
1-410-837-2050

4000 Old Court Road, Suite 203  
Baltimore, MD 21208  
1-410-486-5991

### **Churches United Against AIDS**

1734 Maryland Avenue, Ste. 134  
Baltimore, MD 21223  
1-410-685-1180 ext. 134

### **Franciscan Center**

101 W. 23rd Street  
Baltimore, MD 21218  
1-410-467-5340

### **Free State Justice Campaign**

P.O. Box 13221  
Baltimore, MD 21203  
1-301-891-1111  
1-888-440-9944

### **Gay and Lesbian Community Center of Baltimore - GLCCB**

241 West Chase Street  
Baltimore, MD 21201  
1-410-837-5445 Director's Office  
1-410-837-8888 Switchboard

### **GLAAD**

#### **(Gay & Lesbian Alliance Against Defamation)**

248 W. 35th Street, 8th Floor  
New York City, NY 10001  
1-212-629-3322

### **GLAAD**

1700 Kalorama Road, NW, Ste. 101  
Washington, DC 20009  
1-202-986-1360

### **Grateful, Inc.**

1721 Pennsylvania Avenue  
Baltimore, MD 21217  
1-462-5151

### **HAVEN**

#### **(HIV/AIDS Volunteer Enrichment Network)**

P.O. Box 514  
Arnold, MD 21012  
1-410-224-2437

### **HERO**

#### **(Health Education and Resource Office)**

1734 Maryland Avenue  
Baltimore, MD 21201  
Dr. Leonardo R. Ortega, Executive Director  
1-410-685-1180

## **I. B. COMMUNITY SERVICE/ADVOCACY ORGANIZATIONS**

### **HOPE Programs**

at AGAPE Family Empowerment Center  
4650 Reisterstown Road  
Baltimore, MD 21215  
1-410-466-1529

### **Human Rights Campaign Fund**

919 18th Street, N.W., Suite 800  
Washington, DC 20006  
1-202-628-4160

### **Latino Commission on AIDS-CIEST**

80 Fifth Avenue, Suite 1501  
New York, NY 10011  
1-212-675-3288

### **Latino Community Center (Centro de la Comunidad)**

3021 Eastern Avenue  
Baltimore, MD 21224  
1-410-675-8906

### **Moveable Feast**

2620 Wilkens Avenue  
Baltimore, MD 21223  
1-410-327-3420

### **NAMES Project Chapter of the National Capital Area**

727 15th Street, N.W., Suite 800  
Washington, DC 20005  
1-202-783-8900

### **NAPWA (National Association of People with AIDS)**

1413 K Street, NW, 7th Floor  
Washington, DC 20005  
1-202-898-0414

### **National Gay & Lesbian Task Force**

1700 Kalorama Road, Suite 101  
Washington, DC 20009  
1-202-332-6483

### **National Minority AIDS Council**

1931 13th Street, N.W.  
Washington, DC 20009  
1-202-483-6622

### **PFLAG (Parents, Families and Friends of Lesbians & Gays)**

National Office  
1726 M Street, N.W., Suite 400  
Washington, DC 20036  
1-202-638-4200

### **Project A.R.I.S.E. (Abstinence, Remembering, Instilling Pride, Self-worth and Education ensures prevention)**

20 W. North Avenue  
Baltimore, MD 21201  
1-410-837-8660

## **I. B. COMMUNITY SERVICE/ADVOCACY ORGANIZATIONS**

**Project PLASE, Inc. (People Lacking Ample Shelter & Employment)**

1814 Maryland Avenue  
Baltimore, MD 21201  
1-410-837-1400

**PWA Committee of Southern Maryland HIV/AIDS Alliance**

1701 McCormick Drive, #210  
Largo, MD 20774  
1-301-883-7844

**STAR (Sisters Together and Reaching)**

1505 Eutaw Place  
Baltimore, MD 21217  
1-410-383-1903

**The Steven Kaufman AIDS Outreach Project**

2835 Smith Avenue, Ste. 202  
Baltimore, MD 21209  
1-410-484-2437

**Street Voice**

P.O. Box 39521  
Baltimore, MD 21212  
Curtis Price, Director  
1-410-783-5449

**Survive AIDS**

584 Castro Street, #542  
San Francisco, CA 94114  
1-415-252-9200

**Treatment Action Group (TAG)**

611 Broadway, Ste. 612  
New York, NY 10012  
1-212-253-7922

**The Whitman-Walker Clinic**

1407 "S" Street, N.W.  
Washington, DC 20009  
1-202-797-3500

**The Whitman-Walker Clinic  
of Northern Virginia**

5232 Lee Highway  
Arlington, VA 22207  
1-703-237-4900

**YANA (You Are Never Alone)**

2013 W. Pratt Street  
Baltimore, MD 21223  
1-410-566-7973

## **I. C. STATE AND CITY AIDS PROGRAMS**

**Baltimore City Health Department (BCHD) Ryan White Title I Office Grantee Agent**  
410-396-1408

**Baltimore City Health Department Division of Health Promotion and Disease Prevention**  
210 Guilford Avenue, 3rd Floor  
Baltimore, MD 21202  
1-410-396-4387  
Dr. Joshua Sharstein, Commissioner  
Dr. Kima Taylor, Assistant Commissioner

**HIV Counseling and Testing Services, and Community Level Prevention**  
1-410-396-4448  
Phyllis Barnett, Program Manager

**Needle Exchange Program**  
2101 Garrison Boulevard  
Michele Brown  
410-947-5700

**BCHD - Sexually Transmitted Diseases (STD)/HIV Outreach Program**  
1515 W. North Avenue, 2<sup>nd</sup> Floor  
Chris Serio-Chapman  
1-443-564-3124

**BCHD – Druid Health District STD Clinic**  
1515 W. North Avenue, 2<sup>nd</sup> Floor  
Iris Beard  
1-410-396-0176

**BCHD – Eastern Health District STD Clinic**  
620 N. Caroline Street  
Shani Fleming  
410-396-9410 (Spanish Speakers Available)

## **I. C. STATE AND CITY AIDS PROGRAMS**

**Maryland Department of  
Health and Mental Hygiene  
AIDS Administration**

500 N. Calvert Street, 5th Floor  
Baltimore, MD 21202  
1-410-767-5227 General Information  
Naomi Tomoyasu, Ph.D., M.P.H. - Acting Director  
1-410-767-5013  
Madeleine Shea, Ph.D., - Acting Deputy Director  
1-410-767-5087

**State Programs:**

**Center for Epidemiology and Surveillance**  
1-410-767-5061

**Center for HIV Health Services**  
1-410-767-5994

**Center for Client Services**  
1-410-767-5994

**Center for Prevention**  
1-410-767-5018

**Counseling & Testing Services Program**  
1-410-767-5018

**Maryland AIDS Drug Assistance  
Program (MADAP)**  
1-410-767-6535  
1-800-205-6308 (for clients only)

**Maryland AIDS Drug Assistance  
Program Insurance Project (MADAP-Plus)**  
1-410-767-6535  
1-800-205-6308 (for clients only)

**Maryland AIDS Insurance Assistance  
Program (MAIAP)**  
1-410-767-6535  
1-800-205-6308 (for clients only)

**Maryland AIDS Hotline**  
1-800-638-6252

**Materials Distribution**  
1-410-799-1940

**Office of Community Relations**  
1-410-767-5328

**Office of Policy and Public Information**  
1-410-767-5013

**Resource Center**  
1-410-767-5775

## **I. C. STATE AND CITY AIDS PROGRAMS**

**Project HOME/AIDS (Statewide)**  
(Maryland Department of Human Resources)  
311 West Saratoga Street  
Baltimore, MD 21201  
1-410-767-7323 (information only)

**Project Home/AIDS (Baltimore City)**  
Adult Services  
300 Metro Plaza  
Baltimore, MD 21215  
Jo Anne Douglass-Stough – Program Manager  
1-410-361-5005, ext. 315  
Jackie Adams – Project HOME/AIDS Supervisor  
1-410-361-5005, ext. 316

Project HOME/AIDS is an assisted living program administered in part through the Baltimore City Department of Social Services to develop, certify and monitor small scale assisted living arrangements that provide disabled adults privacy and a homelike atmosphere. In recognizing that people with AIDS experience complex problems, support services have been designed to encompass housing, income maintenance, social services, medical services and case management services. Case managers are responsible for developing a plan to meet the needs of the client with input from the client for ensuring a continuum of services based on the demands of the illness.

Specific services provided:

- Project HOME/AIDS Supportive Housing
- Emergency Financial Assistance (e.g., for housing, evictions/mortgage, utilities)
- In Home Aide Services for clients living in their own homes when funds are available

Eligibility Requirements:

Any person diagnosed as HIV+/AIDS and having 2 or more disabling HIV-related symptoms or opportunistic infections.

## II. A. TESTING/COUNSELING SITES AND HEALTH CLINICS

The following Central Maryland HIV counseling/testing sites (CTS) and health clinics offer free, confidential and/or anonymous HIV testing where indicated. These sites and clinics may also provide services and/or referrals for services such as sexually transmitted diseases (STDs), primary medical care, drug rehabilitation, case management, entitlement, counseling, dental, financial, food, nutritional counseling, mental health care, housing, legal, outreach, volunteer, speaker bureau, gay youth services, buddy, transportation, support groups and information regarding AIDS prevention and treatment. Some of these services may also be available at Substance Abuse Clinics listed in Section III.C. and at Community/Advocacy Organizations listed in Section I. B.

### **Baltimore City**

#### **Chase Brexton Health Services**

1001 Cathedral Street  
Baltimore, MD 21201  
1-410-837-2050

4000 Old Court Road, Suite 203  
Baltimore, MD 21208  
1-410-486-5991

Free anonymous testing and counseling by appointment Monday through Friday, HIV Clinic, STD Clinic, Women's Clinic, Protocol Clinic, Dental Clinic, in-house pharmacy, case management, nutrition and psychotherapy services. Donations accepted.

#### **Baltimore Medical System**

3501 Sinclair Lane  
Baltimore, MD 21213  
1-410-732-8800

Ongoing HIV-related medical and social services, and case management.

#### **Comprehensive Care Practice**

4940 Eastern Avenue  
Mason Lord Building, West Tower, 4th Floor  
Baltimore, MD 21224  
1-410-550-2999

Primary care, financial assistance and medications to clinic patients.

#### **Druid Family Health Center**

##### **Baltimore City Health Department**

1515 W. North Ave.  
Baltimore, MD 21217  
1-410-396-0176

Free confidential HIV counseling and testing  
Monday thru Friday 8:30 am Walk-in

#### **Eastern Health Center**

##### **Baltimore City Health Department**

620 North Caroline Street  
Baltimore, MD 21205  
1-410-396-9410

Free confidential HIV counseling and testing  
Monday thru Friday 8:30 am Walk-in

#### **Gay & Lesbian Community Center of Baltimore (GLCCB)**

241 W. Chase Street  
Baltimore, MD 21201  
1-410-837-5445

Free anonymous HIV counseling and testing is available by walk-in on Mondays and Thursdays 6:00 pm - 8:00 pm, and on the 2nd and 4th Saturday of each month 12:00 pm - 3:00 pm.

## II. A. TESTING/COUNSELING SITES AND HEALTH CLINICS

**Greater Baltimore Medical Center  
Weinberg Community Health Center**

1200 E. Fayette Street  
Baltimore, MD 21202  
1-410-522-1200

Ongoing HIV-related medical and social services, and case management.

**Health Care for the Homeless - Connect Project**

111 Park Avenue  
Baltimore, MD 21201  
1-410-837-5533

Case management, medical care and nursing services, assistance with nutrition, personal care, household chores, and referrals to mental health, addiction services, or other necessary resources.

**Imani Center**

3100 Towanda Avenue  
Baltimore, MD 21215  
1-410-383-4030

Free anonymous HIV Counseling and testing.

Monday thru Thursday 10:00 am - 3:00 pm Walk-in  
Friday by appointment only.

**Mercy Medical Center  
Project CATS**

301 St. Paul Place  
Baltimore, MD 21202  
1-410-332-9400

Free anonymous HIV counseling and testing.

Monday thru Friday by appointment only.

**Park West Medical Center**

3319 W. Belvedere Avenue  
Baltimore, MD 21215  
1-410-542-7800

Ongoing HIV-related medical and social services, and case management.

**South Baltimore Family Health Center**

631 Cherry Hill Road  
Baltimore, MD 21225  
1-410-354-2000

Ongoing HIV-related medical, behavioral health and social services, and case management.

**Total Health Care**

2305 N. Charles Street  
Baltimore, MD 21218  
1-410-383-8300

Ongoing HIV-related medical and social services, and case management.

**University of Maryland Adolescent Clinic YEAH Project, Adolescent CTS**

120 Penn Street  
Baltimore, MD 21201

1-410-706-6000 Adolescent Counseling and Testing Services

1-410-706-0717 Adolescent Clinic Services

Free anonymous or confidential HIV counseling and testing.

Adolescent HIV Clinic, STD, family planning, case management, social services, and a youth support group.

**Yorkwood Health Center**

5225 York Road  
Baltimore, MD 21212  
1-410-467-6040 ext. 280

Free confidential HIV counseling and testing. Ongoing HIV-related medical and social services, including DEU assessments and case management.

## II. A. TESTING/COUNSELING SITES AND HEALTH CLINICS

### **Baltimore County**

#### **Baltimore County Department of Health**

6401 York Road, 3rd Floor  
Baltimore, MD 21212  
1-410-887-2437 AIDS Information Line  
1-410-887-5918 HIV/AIDS Services  
Free anonymous and/or confidential HIV counseling and testing,  
and case management.

#### **Essex Health Center**

1538 Country Ridge Lane  
Baltimore, MD 21221  
Anonymous HIV counseling and testing is available on the 1st and 3rd  
Thursday of each month, 2:00 pm to 4:00 pm.

#### **Liberty Family Resource Center**

3525 Resource Drive  
Randallstown, MD 21133  
Anonymous HIV counseling and testing is available on the 2nd and 4th  
Monday of each month, 5:00 pm to 7:00 pm.

### **Anne Arundel County**

#### **Anne Arundel County Health Department**

3 Harry S. Truman Parkway  
Annapolis, MD 21401  
1-410-222-7108  
Clinic Sites:  
Annapolis - 1-410-222-7493      Odenton - 1-410-222-6660  
Brooklyn Park - 1-410-222-6620      Parole - 1-410-222-7248  
Glen Burnie - 1-410-222-6633  
Free anonymous and/or confidential HIV counseling, testing and case  
management.

### **Carroll County**

#### **Carroll County Health Department**

290 S. Center Street  
Westminster, MD 21157  
1-410-876-4900  
Monday - Friday 8:00 am - 5:00 pm  
Free anonymous and/or confidential HIV counseling and testing, and  
case management by appointment only.

### **Frederick County**

#### **Frederick County Health Department**

350 Montevue Lane  
Frederick, MD 21702  
1-301-694-1029 HIV/AIDS Program  
Monday - Friday 8:00 am - 5:00 pm  
Free anonymous and/or confidential HIV counseling, testing and case  
management by appointment only.

### **Harford County**

#### **Harford County Health Department**

119 Hays Street  
Bel Air, MD 21014  
1-410-638-8400  
Free confidential HIV counseling and testing, and case management.  
By appointment only Monday - Friday 8:00 am - 5:00 pm.

## II. A. TESTING/COUNSELING SITES AND HEALTH CLINICS

### Howard County

**Howard County Health Department**  
8492 Baltimore National Pike, Ste. 103  
Ellicott City, MD 21043  
1-410-313-2333  
Columbia - 1-410-313-7500  
Savage/Laurel - 1-410-880-5888  
Free anonymous and/or confidential HIV counseling  
and testing, and case management by appointment only.

### Montgomery County

**Montgomery County Health Department**  
401 Hungerford Drive  
Rockville, MD 20850  
1-240-777-1869  
Clinic Site: Dennis Avenue Health Center,  
2000 Dennis Avenue, Silver Spring, MD  
1-240-777-1760  
Monday - Friday 8:00 am - 4:30 pm  
Free anonymous and/or confidential HIV counseling,  
testing and case management by appointment only.

### Washington, D.C.

**The Whitman-Walker Clinic**  
**Elizabeth Taylor Medical Center**  
1701 14th Street, N.W.  
Washington, DC 20009  
1-202-797-3500  
1-877-939-2437 Toll Free  
1-202-939-1578 Hearing Impaired  
**The Max Robinson Center** - 1-202-678-8877  
Takoma Park Clinic - 1-301-408-5000  
Ongoing HIV-related medical and social services, and case management by  
appointment only.

### Queen Anne's County

**Queen Anne's County Health Department**  
206 N. Commerce Street  
Centerville, MD 21617  
1-410-758-0720  
Monday - Friday 8:00 am - 4:30 pm  
Free confidential HIV counseling and testing, and case management by  
appointment only.

## II. B. PHYSICIANS

**Dr. Raymond Altieri**

314 German Hill Road  
Baltimore, MD 21222  
1-410-285-1000

**Dr. Don Bousel**

2411 W. Belvedere Avenue, Suite 302  
Baltimore, MD 21215  
1-410-542-5116

**Dr. Larry Bruni**

631 Pennsylvania Ave, S.E.  
Washington, DC 20003  
1-202-546-0796

**Dr. Michael Levin**

2835 Smith Avenue, #207  
Baltimore, MD 21209  
1-410-484-0102

**Dr. David Nyanjom**

301 Saint Paul Place  
Baltimore, MD 21202  
1-410-837-7747

**Dr. Ligia Peralta**

120 Penn Street, 1st Floor  
Baltimore, MD 21201  
1-410-328-6495  
Adolescent medical and specialty  
HIV care

**Dr. Ronald Pototsky**

821 N. Eutaw Street  
Suite 202  
Baltimore, MD 21201  
1-410-727-0057

**Dr. Samuel Westrick**

Suite #5  
3100 Saint Paul Street  
Baltimore, MD 21218  
1-410-243-5544

**Dr. Alice Wilkenfeld**

10085 Red Run Boulevard, #306  
Owings Mills, MD 21117  
1-410-581-7804

## II. C. DENTISTS

### **Baltimore City Health Department Dental Services**

**Druid Health District**  
1515 W. North Avenue  
Baltimore, MD 21217  
Clinic: 1-410-396-0840

**Eastern Health District**  
620 N. Caroline Street  
Baltimore, MD 21205  
Clinic: 1-410-396-9409

**Larry H. Bank, D.D.S.**  
2116 W. Pratt Street  
Baltimore, MD 21223  
1-410-233-3323  
Complete dental services

**Robert Burt, D.D.S.**  
6201 Eastern Avenue  
Baltimore, MD 21224  
1-410-633-5776  
Complete dental services

**Chase Brexton Health Services**  
1001 Cathedral Street  
Baltimore, MD 21201  
1-410-837-2050 ext. 1203

**Johns Hopkins Hospital**  
Blalock 263  
Department of Dentistry  
and Oral Surgery  
600 North Wolfe Street  
Baltimore, MD 21287  
1-410-955-6662

**University of Maryland Baltimore**  
**Department of Oral Medicine**  
666 West Baltimore Street  
Baltimore, MD 21201  
**Plus Program**  
1-410-706-8467  
Provides emergent and comprehensive dental care on fee-for-services  
basis to persons who are HIV+

**University of Maryland University Hospital**  
**Department of Dentistry & Oral Maxillofacial Surgery**  
22 S. Greene Street, Ground Floor  
Baltimore, MD 21201  
1-410-328-5566

## II. D. HOSPITALS

### **Bon Secours Hospital**

2000 W. Baltimore Street  
Baltimore, MD 21223  
1-410-362-3000

### **Good Samaritan Hospital**

5601 Loch Raven Boulevard  
Baltimore, MD 21239  
1-410-532-8000

### **Greater Baltimore Medical Center (GBMC)**

6701 North Charles Street  
Baltimore, MD 21204  
1-443-849-2000

### **Greenspring Pediatric Associates**

Pediatric HIV Program  
5101 Lanier Avenue  
Baltimore, MD 21215  
Julie Eskanazi  
1-410-601-5372

### **Harbor Hospital Center**

3001 S. Hanover Street  
Baltimore, MD 21225  
1-410-350-3200

### **Johns Hopkins Bayview Medical Center**

4940 Eastern Avenue  
Baltimore, MD 21224  
1-410-550-0100

### **Johns Hopkins Hospital**

600 North Wolfe Street  
Baltimore, MD 21287  
1-410-955-5000

### **Johns Hopkins University AIDS Service**

#### **Protocol Coordinator Positive Choices (AIDS Clinical Trials Unit)**

1-410-955-2898

### **Moore Clinic**

William Ruby, DO - HIV Clinic Director  
1-410-955-1725

### **Clinic Social Workers**

1-410-955-1169

County Program

1-410-955-6414

Garey Lambert Research Center

1-410-614-0896

### **Infectious Diseases**

Dr. John Bartlett - Chief

Inpatient & Outpatient

1-410-955-3150

### **Pediatric AIDS Program**

Dr. Nancy Hutton

1-410-614-5963

Primary and consultative care for children  
at risk for HIV infection.

### **Pediatric Infectious Diseases**

1-410-614-3917

### **Share Clinic**

1-410-955-7090

## **II. D. HOSPITALS**

**Johns Hopkins Hospital (continued)  
Center for Immunization Research /  
SAVE (Support the AIDS Vaccine Effort)**

1-410-955-7283  
1-877-863-1374  
Women's HIV Program  
Dr. Jean Anderson, Director  
1-410-955-2147  
Gynecology  
1-410-955-1725  
Obstetrics  
1-410-955-6700

**Maryland General Hospital**

827 Linden Avenue  
Baltimore, MD 21201  
1-410-225-8000

**Mercy Medical Center**

301 St. Paul Place  
Baltimore, MD 21202  
1-410-332-9000

**Mt. Washington Pediatric Hospital**

1708 Rogers Avenue  
Baltimore, MD 21209  
1-410-578-8600

**North Arundel Hospital**

301 Hospital Drive  
Glen Burnie, MD 21061  
1-410-787-4000

**Saint Agnes Healthcare**

900 Caton Avenue  
Baltimore, MD 21229  
1-410-368-6000

**Sinai Hospital**

2401 W. Belvedere Avenue  
Baltimore, MD 21215  
1-410-601-9000

**Union Memorial Hospital**

201 E. University Parkway  
Baltimore MD 21218  
1-410-554-2000

## II. D. HOSPITALS

### **University Of Maryland Medical Center**

22 South Greene Street  
Baltimore MD 21201  
1-410-328-8667

### **Clinical Center**

#### **Institute of Human Virology**

Dr. Robert Redfield, Director  
1-410-706-4613

#### **Evelyn Jordan Center**

Comprehensive care of persons with HIV, AIDS and other viral diseases, DEU services, comprehensive medical and psychosocial evaluations; dedicated women's clinic.

16 S. Eutaw Street, 1st Floor  
Baltimore, MD 21201  
1-410-328-1900

### **University Specialty Hospital**

Long term care, subacute care and respite care.

611 S. Charles Street  
Baltimore, MD 21230  
1-410-783-2429

### **PACE Clinic**

Pediatric AIDS Care and Evaluation Clinic

1-410-328-6749

Clinic Appointments

1-410-706-8220

### **SPICE Clinic**

Special High Risk Child Clinic

1-410-328-6749

Clinic Appointments

1-410-706-8220

### **Parent Child Clinic**

In affiliation with SPICE and PACE Clinic.

1-410-328-1900

### **Adolescent Clinic at the University of Maryland**

120 Penn Street

Baltimore, MD 21201

1-410-706-6000 Adolescent CTS (counseling & testing hotline)

1-410-706-0717 Adolescent Clinic Services

Free anonymous or confidential HIV counseling and testing. Adolescent HIV Clinic, STD, family planning, case management, social services, and a youth support group.

### **STARTRACK Adolescent HIV Prevention and Treatment Program**

120 Penn Street

Baltimore, MD 21201

1-410-328-3196

### **Western Women's Center OB-GYN Clinic**

120 Penn Street

Baltimore, MD 21201

1-410-706-2500

### **Family Medicine Infectious Disease Clinic**

29 S. Paca Street

Baltimore, MD 21201

Clinic appointments and information

1-410-328-6645

### **Veterans Administration**

#### **Medical Center**

10 N. Greene St.

Baltimore, MD 21201

1-410-605-7000

1-800-463-6295

## **II. E. HOME CARE**

### **Apria Health Care**

12400 Kiln Court  
Beltsville, MD 20705  
1-800-252-0740

### **Coram Health Care**

7150 Columbia Gateway Drive, Ste. E  
Columbia, MD 21046  
1-800-227-3675

### **Department of Social Services - Project Home/AIDS Adult Services**

300 Metro Plaza  
Baltimore, MD 21215  
1-410-361-5005 ext. 364

In home aide services maintain people with advanced HIV disease in their homes, utilizing chore and personal care services, dependent upon availability of funding.

### **Franciscan Center AIDS Outreach and Personal Care Program**

101 W. 23rd Street  
Baltimore, MD 21218  
1-410-467-5340

### **HERO Buddy Program**

1734 Maryland Avenue  
Baltimore, MD 21201  
1-410-685-1180

### **Health Care for the Homeless**

#### **Connect Project**

111 Park Avenue  
Baltimore, MD 21201  
1-410-837-5533

Case management, medical care and nursing services, assistance with nutrition, personal care, household chores, and referrals to mental health, addiction services, or other necessary resources.

### **Hospice of the Chesapeake**

8424 Veterans Highway  
Millersville, MD 21108  
1-410-987-2003

### **Joseph Richey Home Care Services**

820 N. Eutaw Street  
Baltimore, MD 21201  
1-410-523-2150

### **Med Star Health VNA**

4969-A Mercantile Road  
Baltimore, MD 21236  
1-410-933-2900

## II. E. HOME CARE

**Miriam Caris, CMT**  
5726 Falls Road  
Baltimore, MD 21209  
1-443-858-5900  
Massage

**Mt. Washington Pediatric Home & Community Care**  
1708 W. Rogers Avenue  
Baltimore, MD 21209  
1-410-578-8600

**P.B. Health Home Care Agency**  
28 West 25th Street  
Baltimore, MD 21218  
1-410-235-1060

**Personal Home Care of Baltimore**  
200 E. Joppa Road, Suite 103  
Towson, MD 21204  
1-410-321-8448

**St. Agnes Home Care-Hospice**  
3421 Benson Avenue, Suite G100  
Baltimore, MD 21229  
1-410-368-2825

**Staff Builders, Inc.**  
1501 S. Edgewood St., Suite E  
Baltimore, MD 21227  
1-410-525-3000  
Home health aid services, nursing and social work case management.

**Stella Maris**  
2300 Dulaney Valley Rd.  
Timonium, MD 21093  
1-410-252-4500

**Supportive Lifeline**  
3521 Tulsa Road  
Baltimore, MD 21207  
1-410-277-8500

**Visiting Nurse Association Home Care and Hospice**  
7008 Security Boulevard, Suite 300  
Baltimore, MD 21244  
1-410-594-9800 Intake  
Home health aid services, nursing and social work case management.

## II. F. NURSING HOMES/HOSPICE CARE

**Homewood Center  
Genesis Eldercare Network**  
6000 Bellona Avenue  
Baltimore, MD 21212  
1-410-323-4223

**Hospice of the Chesapeake**  
8424 Veterans Highway  
Millersville, MD 21108  
1-410-987-2003

**Joseph Richey Hospice, Inc.**  
820 N. Eutaw Street  
Baltimore, MD 21201  
1-410-523-2150

**Mariner Health of Glen Burnie**  
7355 E. Furnace Branch Road  
Baltimore, MD 21060  
1-410-766-3460

**Millenium Health & Rehabilitation Center of Northwest**  
4601 Pall Mall Road  
Baltimore, MD 21215  
1-410-664-5551

**Missionaries of Charity Gift of Hope Home**  
818 N. Collington Ave.  
Baltimore, MD 21205  
1-410-732-8713

**Ravenwood Nursing and Rehabilitation Center**  
501 West Franklin St.  
Baltimore, MD 21201  
1-410-837-4990

**Stella Maris**  
2300 Dulaney Valley Road  
Timonium, MD 21093  
1-410-252-4500

**University Specialty Hospital**  
611 S. Charles Street  
Baltimore, MD 21230  
1-410-547-8500

**Visiting Nurse Association Home Care & Hospice**  
7008 Security Boulevard, Suite 300  
Baltimore, MD 21244  
1-410-594-9800 Intake

## II. G. ALTERNATIVE THERAPIES

### **AIDS Action Baltimore, Inc.**

10 East Eager Street  
Baltimore, MD 21202  
1-410-837-2437  
Information and referral on alternate therapies and protocols.

### **AIDS Treatment Data Network**

#### **The Access Project**

611 Broadway, Suite 613  
New York, NY 10012  
1-800-734-7104  
Monday thru Friday 10:00 am - 6:00 pm  
Information clearinghouse about medications available for HIV and AIDS through Medicaid, AIDS Drug Assistance and National Pharmaceutical Industry Patient Assistance/Expanded Access Programs.

### **AIDS Treatment Initiatives**

159 Ralph McGill Boulevard, N.E., Ste. 510  
Atlanta, GA 30308  
1-404-659-2437  
Open Monday thru Thursday 12:00 pm - 7:00 pm

### **AIDS Treatment News**

1233 Locust Street, 5th Floor  
Philadelphia, PA 19107  
1-800-873-2812  
AIDS Treatment News reports on experimental and standard treatments, especially those available now. Physicians, scientists, other health professionals, and persons with AIDS or HIV are interviewed; information from meetings and conferences, medical journals, and computer databases is also collected.

### **The Apothecary, Inc.**

5415 Cedarlane  
Georgetown Doctors Park (opposite NIH)  
Bethesda, MD 20814  
1-301-530-0800  
(This is a retail pharmacy store.)

### **The Carl Vogel Foundation**

1012 14th Street, N.W., #707  
Washington, D.C. 20005  
1-202-638-0750  
Open Monday 12:00 pm - 8:00 pm  
Tuesday and Wednesday 12:00 pm - 7:00 pm  
Thursday and Friday 12:00 pm - 6:00 pm

### **Denver Buyer's Club/PWA Coalition of Colorado**

1290 Williams Street  
Denver, CO 80203  
1-303-329-9379  
Open Monday 11:00 am - 3:00 pm  
Wednesday and Friday 2:00 pm - 6:00 pm

## II. G. ALTERNATIVE THERAPIES

### **Direct Access Alternative Information Resources (DAAIR)**

31 East 30th Street, Suite 2-A

New York, NY 10016

1-212-725-6994

1-888-951-5433

Open Tuesday thru Saturday 11:00 am - 7:00 pm

### **Houston Buyer's Club**

3400 Montrose Boulevard, #605

Houston, TX 77006

1-800-350-2392

1-713-520-5288

Open Monday thru Friday 10:00 am - 6:00 pm

Saturday 10:00 am - 2:00 pm

### **LifeLink**

750 Farroll Road, #H

Grover Beach, CA 93433

1-805-473-1389

Open Monday thru Friday 9:00 am - 5:00 pm

### **Positive Energy Center**

1427 N. 3rd Street

Phoenix, AZ 85004

1-602-253-2437

Open Monday thru Saturday

### **Project Inform**

205 13th Street, #2001

San Francisco, CA 94103

National 1-800-822-7422

Local 1-415-558-9051

Open Monday thru Friday 9:00 am - 5:00 pm

Saturday 10:00 am - 4:00 pm

Project Inform is a non-profit organization that collects and assesses research on promising AIDS/HIV treatment information. The information provided summarizes current research findings, reports by users, known side effects, overall risks and benefits, and how to purchase and correctly use the treatments.

### **Treatment Information Network's/Boston Buyer's Club**

Boston Living Center

29 Stanhope Street, 3rd Floor

Boston, MA 02116

1-800-435-5586

1-617-266-2223

Open Monday thru Thursday 9:00 am - 6:00 pm

Friday 9:00 am - 5:00 pm

## II. H. PRIVATE ALTERNATIVE PHARMACY PROGRAMS\*\*

### **Bioscrip**

2791 Charter Street  
Columbus, OH 43228  
1-877-842-5097

Bioscrip will fill prescriptions and deliver them while directly billing the insurance company. Insurance reimbursement is accepted as payment in full.

### **Community Prescription Service**

33 North Road  
Wakefield, RI 02879  
1-800-842-0502

If you have private insurance coverage for prescriptions, they will fill the prescriptions and deliver them while directly billing the insurance company. Insurance reimbursement is accepted as payment-in-full once your annual deductible has been met. Hardship program will provide medications to qualified individuals at no cost.

### **MedExpress**

3939 University Drive  
Fairfax, VA 22030  
1-800-808-8060

MedExpress will provide medications, vitamins and nutrients at low cost to people with both private and public insurance coverage. There is no membership fee or shipping costs and the insurance payment is often accepted as payment in full.

### **Mt. Vernon Pharmacy**

100 W. Read Street  
Baltimore, MD 21201  
1-410-539-8030

Mt. Vernon Pharmacy will fill prescriptions and in most cases, accept assignment and bill the insurance company directly.

### **CVSProCare Pharmacy**

600 Penn Center Blvd.  
Pittsburgh, PA 15235  
1-800-238-1548

If you have insurance coverage for prescription drugs and/or medical supplies, CVS will fill the prescriptions and deliver them while directly billing the insurance company. No money is ever paid upfront. Prescription drug expense must exceed \$150 per month per individual.

### **Woodhaven Pharmacy & Medical Equipment**

2318 E. Joppa Road  
Baltimore, MD 21234  
1-410-665-3148

Woodhaven Pharmacy will fill and deliver prescriptions utilizing a prescription card and accept assignment of claims while directly billing the insurance company.

\*\* There are many more companies in addition to the ones listed above that offer the same or similar prescription services. Please contact the AIDS Action Baltimore office for information on these companies.

## II. I. PROTOCOL INFORMATION AND REFERRAL

**AIDS Action Baltimore, Inc.**

10 East Eager Street  
Baltimore, MD 21202  
1-410-837-2437

**AIDS Treatment Data Network**

**The Access Project**

611 Broadway, Suite 613  
New York, NY 10012  
1-800-734-7104

**Direct Access Alternative Information Resources (DAAIR)**

31 East 30th Street, Suite 2-A  
New York, NY 10016  
1-212-725-6994  
1-888-951-5433

**FDA District Office**

6000 Metro Drive, Ste. 101  
Baltimore, MD 21215  
1-410-779-5709

**HIV/AIDS Treatment Information Service**

(sponsored by the Federal Government)  
1-800-HIV-0440  
1-800-243-7012 Hearing Impaired

**Institute of Human Virology University of Maryland**

725 W. Lombard Street  
Baltimore, MD 21201  
1-410-706-1684 Clinical Research Unit

**Johns Hopkins Hospital**

600 N. Wolfe Street  
Baltimore, MD 21287  
1-410-955-2898 AIDS Clinical Trials Unit Office  
1-410-955-3422 Drug Development Unit Office

**Latino Commission on AIDS - Ciest**

80 Fifth Avenue, Suite 1501  
New York, NY 10011  
1-212-675-3288

**National Institutes of Health AIDS Clinical Trials Information Service**

800 Number for Protocol Trials  
1-800-TRIALS-A  
1-800-243-7012 Hearing Impaired

**National Institute of Allergy & Infectious Diseases Protocol Information**

Building 10, Room 7D 43  
Bethesda, MD 20892  
1-800-AIDS-NIH

**Patient Recruitment and Referral Center**

Warren Grant Magnuson Clinical Center  
National Institutes of Health  
Bethesda, MD 20892  
1-800-411-1222

**Treatment Action Group (TAG)**

611 Broadway, Ste. 612  
New York, NY 10012  
1-212-253-7922

**The Whitman-Walker Clinic**

1407 "S" Street, NW  
Washington, D.C. 20009  
1-202-745-6150

## II. J. VETERANS ADMINISTRATION

If you are a veteran, you may be entitled to Medical Care benefits. Call the VA Eligibility Office in Baltimore at 1-800-827-1000 to determine whether you are eligible.

**The Veterans Administration Medical Center at 10 N. Greene St.,  
Baltimore, MD 21201 (410) 605-7000 or 1-800-463-6295**

The VA has many other programs available to veterans. Among them are:

- G.I. Education
- Veterans Educational Assistance Program
- Dental Treatment
- Vocational Rehabilitation
- G.I. Insurance
- G.I. Loans and Housing
- Veterans Group Life Insurance
- Disability Compensation
- Unemployment Compensation
- Employment
- Re-employment
- Readjustment Counseling
- Burial and Survivor Benefits
- Drug Treatment

Call the VA at 1-800-827-1000 for more information on these programs.

### **Department of Veterans Affairs**

- VR&C Division
- 31 Hopkins Plaza
- Baltimore, MD21201
- 1-800-827-1000

Provides education, counseling and vocational rehab services to veterans and their dependents.

### **III. A. SOCIAL SECURITY**

**Social Security Administration  
Intake-SSI/SSDI Claims**  
Reisterstown Plaza  
6722 Reisterstown Road  
Baltimore, MD 21215  
1-410-764-7897

**SSI-Medical Assistance  
Baltimore Department of Social Services**  
2000 N. Broadway  
Baltimore, MD 21213  
1-443-423-6300

There are two programs for the disabled that are administered by the Social Security Administration.

1. Supplemental Security Income (known as SSI); and
2. Social Security Disability (known as Social Security or SSDI).

Every patient with a diagnosis of AIDS may be eligible for one program or both.

These programs have two main criteria that are assessed to determine your eligibility. For SSI, they assess your medical condition and your current financial situation (monthly income, assets, etc.). For SSDI, they assess your medical condition, and they review your employment history to see how much and how long you have paid into Social Security (FICA on wage stub) through your employment.

Both SSI and SSDI use the same medical criteria to determine whether or not you are disabled. "Disability" is defined as any medical condition (physical or mental) which prevents or is expected to prevent you from working for a minimum of 12 months or will result in your death. People who have a Centers for Disease Control (CDC) diagnosis of AIDS (KS, PCP, etc.) may be presumed disabled, thereby meeting the medical criteria for both SSI and SSDI. People who have an AIDS-related diagnosis are evaluated on a case-by-case basis but are not automatically presumed disabled. Below is a more complete outline of both of these programs to help you determine your eligibility and prepare you for applying to these programs.

#### **SOCIAL SECURITY DISABILITY (SSDI)**

##### **Who is eligible?**

In order to qualify for SSDI benefits, you must be determined disabled (see above), and you must have paid into the Social Security system through your employers five of the last ten years. This means you must have worked in a job or jobs where Social Security taxes (FICA) were withheld from your paycheck.

##### **When should I apply?**

SSDI benefits are payable no earlier than five months after onset of disability. What this actually means is that during the sixth month after you stop working due to the onset of your disability, you are eligible for payments, but they often do not arrive at your door until the seventh month. Exceptions: If you have been disabled for five months or longer, benefits are payable more immediately, generally between 8-10 weeks.

##### **How much are the benefits?**

There is no fixed amount that is paid. The amount of your benefits depends entirely on your earnings: how much and how long you have paid into the Social Security system.

### **III. A. SOCIAL SECURITY**

#### **How do I apply?**

Call the Social Security Administration's toll-free number 1-800-772-1213. You can also go to any of the local Social Security offices. We suggest that you make an appointment first. However, you may just walk in. Let them know that you have HIV infection or a diagnosis of AIDS so they will expedite your application.

#### **What do I bring with me?**

The following is a list of the documentation you need to bring in when you apply. But do not wait until you have everything to go and apply. Bring as much as you can to the initial appointment, and you will have some time to gather the other information that you need.

#### **Bring:**

1. A letter signed by your doctor stating your diagnosis and when you were diagnosed.
2. Your social security number (SSN) and card, and any other SSN's on which you have ever received social security benefits (parents, etc.).
3. A certified copy of your birth certificate.
4. A list of all aspects of your condition which prevent you from working.
5. A list of all treating sources (complete names, addresses, telephone numbers for all doctors, hospitals, clinics), dates and types of treatment received, any hospital or clinic numbers. List of all medications you are taking for your condition. List of restrictions placed on you by your physician.
6. W-2 forms for the last two years. If W-2's are not available, bring names and addresses of employers for the last two years.
7. Be prepared to describe the types of jobs you have held for the last 15 years.
8. If previously or currently married, name of spouse and dates of marriage(s), spouse's social security number.

### **SUPPLEMENTARY SECURITY INCOME (SSI)**

#### **How do I apply?**

See section on Social Security Disability.

#### **Who is eligible?**

In order to qualify for SSI, you must be disabled and have a financial need. If you are disabled and have no income, or less than \$579 per month for an individual or \$869 per month for a couple you are eligible for SSI. You do not have to have worked to receive SSI benefits. Basic eligibility criteria are:

1. Your assets cannot exceed \$2,000 for an individual or \$3,000 for a couple.
2. Your monthly income must be below \$579 for an individual or \$869 for a couple.\*\*
3. If you own a house, you must live in it to be eligible for SSI.
4. You may have up to \$1500 set aside in burial funds for yourself and/or your wife/husband.

#### **When should I apply?**

The general processing time for an SSI application is between one and three months. Benefits are retroactive to the date that you applied for them.

#### **How much are the benefits?**

SSI benefits pay up to \$579 per month for an individual or up to \$869 per month for a couple if you have no other income.\*\*

\*\* These amounts change every January but the asset resource limits stay the same.

### **III. A. SOCIAL SECURITY**

#### **MEDICAID**

If you are SSI eligible, you are also automatically eligible for Health Choice provided via Maryland Medical Assistance. Call 1-443-423-6300 for more information.

#### **What do I bring with me?**

The following is a list of the documentation that you will need to apply for SSI. But do not wait until you have all these things to apply. Bring as much as you can to the initial appointment, and you will be given time to gather the other information that is needed.

#### **Bring:**

1. A letter signed by your doctor stating your diagnosis and when you were diagnosed.
2. Your social security number (SSN), social security card, and any other SSN's on which you have ever received social security benefits (parents, etc.).
3. A certified copy of your birth certificate.
4. A list of all aspects of your condition which prevent you from working.
5. A list of all treating sources (complete names, addresses, telephone numbers for all doctors, hospitals, clinics), dates and types of treatment received, any hospital or clinic numbers. List of all medications you are taking for your condition. List of restrictions placed on you by your physician.
6. Be prepared to describe the types of jobs you have held for the last 15 years.
7. Proof of any income you have or expect to receive (including claim number under which you receive benefits (i.e., V.A. number, welfare numbers, etc.).
8. Bank statements for the last two months (passbooks, checking account statements, check registers).
9. Car registration, life insurance policies, stocks, bonds, etc.
10. If you rent, bring proof of your rental payment. If you share the names of other members of your household, who pays, how much, and proof of household expenses (rent, utilities, and food) for the last twelve months.

INFORMATION SUPPLIED BY THE SOCIAL SECURITY ADMINISTRATION

### **III. B. MARYLAND HUMAN SERVICE PROGRAMS\*\***

#### **Transitional Emergency, Medical and Housing Assistance (TEMHA)**

TEMHA is a disability program for adults without children administered by the Baltimore City Department of Social Services. The program provides a flat \$185.00 a month grant to individuals having a medically verified impairment that lasts for at least three months and states that the person is totally unable to work during the period of impairment. A representative payee is required when the medical diagnosis is substance abuse and the individual is not in treatment. The individual must have less than \$150.00 per month income. Eligibility for Medical Assistance/Health Choice is decided by the State Review Team. Other major areas of service include:

- Food Stamps
- Pharmacy Assistance
- Assistance with Applying for SSI
- Eviction Prevention Assistance
- Mental Health and Medical Referrals

You may apply at your local Baltimore City Department of Social Services, Family Investment Program (FIP) Center. For more information, call 1-443-423-6300

#### **Food Stamps**

Apply at your local Family Investment Program (FIP) Center. Food Stamps is a federally funded, county-administered program designed to assist people with low incomes to supplement their dietary needs. The monthly allotment of food stamps varies depending on the amount of household income and size of the household. A person who receives TEMHA may receive food stamps as well. Contact your local FIP Center to apply. For more information, call 1-443-423-4600.

#### **Maryland Medical Assistance (MA)/Health Choice**

Apply at your local FIP Center. This program pays for medical and prescription expenses. The general medical and financial criteria for eligibility are very similar to the SSI requirements. If you are SSI eligible, you are automatically eligible for Medical Assistance. You do not need to apply for MA separately, however, contact your local SSI/MA unit to advise them of your SSI eligibility. Call 1-443-423-6300 for more information.

Enrollment into the HealthChoice Program  
1-800-977-7388  
1-800-977-7389 TDD (Hearing Impaired)  
HealthChoice Program/MCO/General Information  
1-800-492-5231  
1-800-735-2258 TDD (Hearing Impaired)  
HealthChoice Enrollee Action Line (HEAL)  
1-800-284-4510  
Provider Hotline  
1-800-766-8692

#### **Maryland Primary Care (MPC)**

MPC is a health care program for low-income adults who are on the Maryland Pharmacy Assistance Program (MPAP), and have no other health care coverage, Medical Assistance or Medicare, and who have medical conditions requiring ongoing care. For more information, call 1-888-754-0095.

#### **Maryland Pharmacy Assistance Program (MPAP)**

MPAP is a state funded program that pays for prescription drugs. This program is for Maryland households with limited income that are not receiving Medical Assistance. Eligibility is determined by the total income and cash value of the assets of the entire family household. If you qualify you pay only \$2.50 for each generic prescription and \$7.50 for each brand prescription. To qualify the gross household monthly income may not exceed \$1,070/couple or \$926/individual. Total assets may not exceed \$6,000/couple or \$4,000/individual. Call the number below for further information and an application.

#### **Maryland Pharmacy Assistance Program**

P.O. Box 386  
Baltimore, MD 21203  
1-800-226-2142

### **III. B. MARYLAND HUMAN SERVICE PROGRAMS\*\***

#### **Maryland AIDS Drug Assistance Program (MADAP)**

MADAP is a statewide program that helps low-to-moderate income Maryland residents who are ineligible for other prescription programs pay for certain drugs to treat HIV infection or AIDS. An otherwise eligible person with prescription coverage may get help with co-pays or deductibles on covered drugs.

#### **MADAP-Plus**

The Maryland AIDS Drug Assistance Program Insurance Project (MADAP-PLUS) assists clients in paying premiums for health plans offered under COBRA and some types of individual plans in effect at the time of application. The health plan must have prescription coverage that includes drugs currently on the MADAP formulary. The client must be responsible for paying more than 50% of their premiums to qualify for assistance. The basic eligibility requirements are the same for MADAP and MADAP-Plus

#### **MAIAP**

The Maryland AIDS Insurance Assistance Program (MAIAP) helps individuals with HIV or AIDS who are unable to work due to their health condition pay premiums for certain types of health insurance plans offered under COBRA, other insurance continuation policies, Medicare supplemental policies, or other group or individual health insurance plans. Clients may receive help paying for health insurance premiums and also enroll in MADAP or the Maryland Pharmacy Assistance Program to help cover their cost of prescription medications.

500 N. Calvert Street, 5th Floor  
Baltimore, MD 21202  
1-410-767-6535  
1-800-205-6308 (for clients only)

#### **INTERVENTION**

#### **AIDS Unit/Emergency Environmental Services Unit (EESU)**

#### **Baltimore City Department of Social Services**

2000 N. Broadway  
Baltimore, MD 21213  
1-443-423-6000 General Information/Appointments

This is an established single entry point for all persons at any stage of HIV infection. This location will be used no matter what address or district the client resides in.

#### **Baltimore City Department of Social Services, EESU**

#### **Family Investment Program (FIP) Center**

(TEMHA, Food Stamps, Medical Assistance and Temporary Cash Assistance (TCA))  
1-443-423-6300

### **III. B. MARYLAND HUMAN SERVICE PROGRAMS\*\***

**Baltimore City Department of Social Services  
Homeless and Environmental Services Unit (HESU)**  
(Energy, Homelessness, Evictions, Waterbills and Shelter)  
24 hour Hotline for Homeless Services  
1-800-81SHELTER or 1-410-361-HOME

**HESU** is a specialized Emergency Service Unit which is administered by the Baltimore Department of Social Services. The Unit's focus is to provide specific services to the homeless populations namely; persons who are in crisis and/or whose specific circumstances place them in a vulnerable situation. This Unit has no geographical boundaries therefore, it is citywide in its scope. The major areas of service include:

- Centralized emergency service intake  
(i.e. crisis intervention counseling)
- Life-sustaining services  
(i.e. overnight shelter accommodation, energy assistance, food referrals.)
- Social service coordination and disaster assistance
- Referrals to other agencies for additional services.

**Eviction Prevention Unit**  
501 E. Fayette Street  
Baltimore, MD 21202  
1-410-878-8634

This program is administered through the Baltimore City Dept. of Social Services. When a person receives their eviction notice/court summons, he/she must go to court on the scheduled trial date. Once in court you must request assistance from the case-worker in the court room. Services provided include attempts to forestall the eviction process and attempts at securing financial assistance. Eligible clients can receive grants up to \$400.00 on a one-time basis. Grants can be used for single adults or families.

\*\*This information is subject to change. Please consult each agency directly for current program information.

**Rental Allowance Program (R.A.P.)**  
Department of Housing  
417 E. Fayette St., Room #356  
Baltimore, MD 21202  
1-410-396-4257

This program provides a monthly rental allowance for up to six months. Homeless or low-income households with critical housing needs are eligible.

**Department of Social/Human Services (Other Areas)**

Anne Arundel County	1-410-269-4500
Baltimore County	1-410-887-2520
Carroll County	1-410-396-3300
Frederick County	1-301-694-4555
Harford County	1-410-836-4787
Howard County	1-410-872-4200
Montgomery County	1-240-777-4600
Queen Anne's County	1-410-758-8000
Washington DC	1-202-463-6211

### **III. C. SUBSTANCE ABUSE PROGRAMS**

#### **Alcohol/Drugs**

**Addict Referral & Counseling Center**

21 West 25th Street  
Baltimore, MD 21218  
1-410-366-1717

**Alcoholics Anonymous Baltimore Area Intergroup Office**

8635 Loch Raven Boulevard  
Baltimore, MD 21286  
1-410-663-1922

**A Woman's Active Recovery Enterprise—AWARE**

7801 York Road, Ste. 203  
Towson, MD 21204  
1-410-825-7077

**Baltimore Substance Abuse Systems, Inc. Project Hope**

1 N. Charles Street  
Baltimore, MD 21202  
1-410-637-1900

**Beginning Effective Recovery Together, Inc. (BERT)**

325 Ilchester Avenue  
Baltimore, MD 21218  
1-410-662-4058  
Addiction and recovery program for women.

**Chase Brexton Health Services**

1001 Cathedral Street  
Baltimore, MD 21201  
1-410-837-2050  
Addictions counseling and substance abuse education group.

**Echo House**

**Multi-Service Center**

1705 West Fayette Street  
Baltimore, MD 21223  
1-410-947-1700

**Epoch Counseling**

7701-A Dunmanway  
Dundalk, MD 21222  
1-410-887-7344

**Friends Social Research Center**

1229 West Mt. Royal Ave.  
Baltimore, MD 21217  
1-410-837-3977

**Harbel Community Organization**

5807 Harford Road  
Baltimore, MD 21214  
1-410-444-2100

### **III. C. SUBSTANCE ABUSE PROGRAMS**

**Johns Hopkins Bayview Medical Center**

4940 Eastern Ave.  
D-Building  
Baltimore, MD 21224  
1-410-550-0051  
Center for Addiction & Pregnancy  
1-410-550-3066

**Johns Hopkins Hospital Comprehensive Women's Center  
Program for Alcoholism and Other Drug Dependancies (P.A.O.D.D.)**

911 N. Broadway  
Baltimore, MD 21205  
1-410-955-5578

**Man Alive Research, Inc.**

2117 Maryland Avenue  
Baltimore, MD 21218  
1-410-837-4292

**Narcotics Anonymous Baltimore Service Center**

Baltimore Service Area  
217 N. Warwick Ave.  
Baltimore, MD 21223  
1-410-566-4022

#### **Methadone Programs**

**Bon Secours New Hope Treatment Center**

2401 W. Baltimore Street  
Baltimore, MD 21223  
1-410-945-7706

**People's Community Health Center**

3028 Greenmount Avenue  
Baltimore, MD 21218  
1-410-467-6040

**Shepard Pratt Health System Partners In Recovery**

6509 N. Charles Street  
Baltimore, MD 21212  
1-410-296-9747

**South Baltimore Family Health Center**

631 Cherry Hill Road  
Baltimore, MD 21225  
1-410-354-2000

**Addict Referral & Counseling Center**

21 West 25th Street  
Baltimore, MD 21218  
1-410-366-1717

**Baltimore Substance Abuse Systems, Inc. Project Hope**

1 N. Charles Street  
Baltimore, MD 21202  
1-410-637-1900

### **III. C. SUBSTANCE ABUSE PROGRAMS**

**Bon Secours New Hope Treatment Center**  
2401 W. Baltimore St.  
Baltimore, MD 21223  
1-410-945-7706

**Daybreak Drug Rehabilitation Center**  
2490 Giles Road  
Baltimore, MD 21225  
1-410-396-1646

**East Baltimore Drug Abuse**  
707 Constitution Street  
Baltimore, MD 21202  
1-410-727-8111

**Glenwood Life Counseling Center**  
516 Glenwood Avenue  
Baltimore, MD 21212  
1-410-323-9811

**Johns Hopkins Bayview Medical Center (Maintenance)  
Southeast Baltimore Drug Treatment Center**  
4940 Eastern Avenue, Building D  
Baltimore, MD 21224  
1-410-550-0051  
**Center for Addiction & Pregnancy**  
1-410-550-3066

**Johns Hopkins Hospital Comprehensive Women's Center  
Program for Alcoholism and Other Drug Dependencies (P.A.O.D.D.)**  
911 N. Broadway  
Baltimore, MD 21204  
1-410-955-5578

**Man Alive Research, Inc.**  
2100 N. Charles St.  
Baltimore, MD 21218  
1-410-837-4900

**Sinai Hospital  
Drug Dependency Program**  
2401 W. Belvedere Avenue  
Baltimore, MD 21215  
1-410-601-5355

**University Of Maryland**  
Drug Treatment Center  
630 West Fayette  
Baltimore, MD 21201  
1-410-837-3313

**Veterans Administration**  
10 N. Greene St.  
Baltimore, MD 21201  
1-410-605-7000

### III. D. HOUSING/SHELTERS LONG TERM HOUSING

#### 1. LONG TERM HOUSING

**AIRS (AIDS Interfaith Residential Services, Inc.)**

Don Miller House, transitional and permanent housing programs providing residential services and a continuum of quality care and support that enhances the lives of low-income individuals and families living with HIV/AIDS.

Office located at:

1800 N. Charles Street, Ste. 910  
Baltimore, MD 21201  
1-410-576-5070

**Beginning Effective Recovery Together, Inc. (BERT)**

325 Ilchester Avenue  
Baltimore, MD 21218  
1-410-662-4058

Residential service for women with or at risk of HIV infection whose lives have been affected by abuse or addiction.

**HAVEN (HIV/AIDS Volunteer Enrichment Network)**

Our House  
P.O. Box 514  
Arnold, MD 21012  
1-410-224-2437

**HOPWA (Housing Opportunies for Persons with AIDS)**

Baltimore Homeless Services, Inc.  
210 Guilford Avenue, 2<sup>nd</sup> Floor  
Baltimore, MD 21202  
1-410-396-3757 - Baltimore City

**HAFTA (Housing Assistance for Families with Disabilities)**

1-410-887-2437 - Baltimore County  
Provides rental assistance for persons with HIV/AIDS.

**Project HOME/AIDS (Statewide)  
(Maryland Department of Human Resources)\*\***

311 West Saratoga Street  
Baltimore, MD 21201  
Dorinda Adams - Program Specialist  
1-410-767-7323 (information only)

**Project HOME/AIDS (Baltimore City)\*\***

**Adult Services**  
300 Metro Center  
Baltimore, MD 21215  
1-410-361-5005, ext. 364

\*\*For more information on Project HOME/AIDS see Section 1. Information Services: C. State and City AIDS Programs.

### III. D. HOUSING/SHELTERS

#### 2. SHELTERS

<b>24 Hour Shelter Telephone Line</b>	<b>1-410-361-HOME 1-800-81SHELTER</b>
<b>American Rescue Mission, 11 W. Clement St.</b>	<b>1-410-566-3300</b>
<b>Antioch Shelter, 2926 Harford Rd.</b> Men, women and children.	<b>1-410-467-8334</b>
<b>Baltimore Rescue Mission, 4 N. Central Ave.</b> Men only.	<b>1-410-342-2533</b>
<b>Eutaw Center, 700 N. Eutaw St.</b> Emergency men's shelter.	<b>1-410-225-0981</b>
<b>Fellowship of Lights, 1300 N. Calvert St.</b> Children 12-17 yrs.	<b>1-410-385-1200</b>
<b>Heart's Place Shelter, 2640 St. Paul St.</b> Men, women and children (Nov. - April).	<b>1-410-235-9269</b>
<b>Helping Up Mission, 1029 E. Baltimore St.</b> Men only.	<b>1-410-675-5016</b>
<b>Homeless Desk (Department of Social Services) 2000 N. Broadway</b>	<b>1-410-361-HOME 1-800-81SHELTER</b>
<b>House of Ruth</b> Women & children only.	<b>1-410-889-RUTH</b>
<b>Brown's Memorial Baptist Church, 3215 Belvedere Ave.</b> Men, women & children.	<b>1-410-542-5700</b>
<b>Mount Zion Church, 10518 Marriotsville Road</b> Homeless men.	<b>1-410-922-8524</b>
<b>My Sister's Place, 123 W. Mulberry</b> Daytime shelter only. Women & children.	<b>1-410-727-3523</b>
<b>Oasis Station, 220-222 N. Gay Street</b> Men who are chronic substance abusers, open 24 hours.	<b>1-410-727-8029</b>
<b>Project PLASE, 201 E. North Ave.</b> for HIV+ men.	<b>1-410-837-1481</b>
<b>Redeemer House, 1401 Battery Ave.</b> Men.	<b>1-410-576-9565</b>
<b>Salvation Army, 1114 N. Calvert St.</b> Men, women & children.	<b>1-410-685-8878</b>
<b>South Baltimore Station, 140 W. West Street</b> Homeless men.	<b>1-410-752-5917</b>
<b>YWCA Corner House, 128 W. Franklin St.</b> Families, women & children	<b>1-410-685-1460</b>

### **III. E. EMERGENCY FOOD**

**Associated Catholic Charities**

19 W. Franklin Street  
Baltimore, MD 21201  
1-410-659-4020  
1-410-659-4046 Our Daily Bread  
Food referral and emergency services.

**Food Stamps**

Apply at the Department of Social Services - Family Investment Program (FIP) Center  
2000 N. Broadway  
Call 1-443-423-6300 for more information and or to schedule an appointment.  
See also Section III. Social Services: B Intervention.

**Franciscan Center**

**AIDS Outreach and Personal Care Program**

101 W. 23rd Street  
Baltimore, MD 21218  
1-410-467-5340

**Moveable Feast**

2620 Wilkens Avenue  
Baltimore, MD 21223  
1-410-327-3420

Home delivery of free nutritionally appropriate meals (liquid and solid) five days a week to homebound HIV/AIDS patients and their dependent children. Nutritional counseling and other food programs are also available to people with HIV/AIDS who are not homebound, but unable to return to work and cannot shop for themselves, or who are recently diagnosed with HIV/AIDS experiencing a substance-related crisis.

**Maryland Food Committee**

2521 N. Charles Street  
Baltimore, MD 21218  
1-410-366-0600  
Clearinghouse for organizations that distribute emergency food.

### **III. F. TRANSPORTATION ASSISTANCE**

**Baltimore City Health Department  
Medical Assistance Transportation Program**

211 E. 25th Street  
Baltimore, MD 21218  
1-410-396-7433 General Information  
1-410-396-7007 Clients  
Transportation to and from medical appointments.

**HAVEN  
(HIV/AIDS Volunteer Enrichment Network)**

P.O. Box 514  
Arnold, MD 21012  
1-410-224-2437  
Assistance with travel to and from medical appointments and support groups.

**Maryland Transportation Authority**

Handicapped & Senior Citizen MTA Reduced  
Fare Program  
Applications for reduced fare bus tokens.  
1-410-767-3441

**MTA Mobility Program**

Public transportation for handicapped  
& disabled persons.  
1-410-727-3535

**The Steven Kaufman AIDS Outreach Project**

2835 Smith Avenue, Ste. 202  
Baltimore, MD 21209  
1-410-484-2437  
Transportation to and from medical appointments.

### III. G. FINANCIAL ASSISTANCE

**AIDS Action Baltimore, Inc.**

10 East Eager Street  
Baltimore, MD 21202  
1-410-837-AIDS

Financial assistance to persons with HIV infection. Applications must be accompanied by appropriate bills and doctor's certificate.

**AIDS Alliance of Howard County**

P.O. Box 1784  
Ellicott City, MD 21043  
1-410-313-2333

Financial assistance for Howard County residents in any stage of HIV infection.

**Anne Arundel County Health Department**

3 Harry S. Truman Parkway  
Annapolis, MD 21401  
1-410-222-7108

Financial assistance for Anne Arundel County residents with HIV infection.

**Baltimore American Indian Center**

113 S. Broadway  
Baltimore, MD 21231  
1-410-563-4600

Financial assistance for persons with HIV infection.

**Baltimore County Department of Health**

6401 York Road, 3rd Floor  
Baltimore, MD 21212  
1-410-887-5918

Financial assistance for Baltimore County residents with HIV infection.

**Bon Secours Hospital**

2000 W. Baltimore Street  
Baltimore, MD 21223  
1-410-362-3000

Financial assistance for clinic patients.

**Chase Brexton Health Services**

1001 Cathedral Street  
Baltimore, MD 21201  
1-410-837-2050

Financial assistance for clinic patients

**Daybreak Clinic**

2490 Giles Road  
Baltimore, MD 21225  
1-410-396-1646

Financial assistance for clinic patients.

**Department of Social Services - Project HOME/AIDS AIDS Program**

(Baltimore City only)  
1-410-361-5005 ext. 364

Emergency financial assistance only for persons that are diagnosed as HIV+/AIDS and suffering from two or more disabling HIV-related conditions.

See section 1. Information Services:

C. State and City AIDS Programs for a listing of these conditions and more information.

**Glenwood Life Counseling Center**

516 Glenwood Avenue  
Baltimore, MD 21212  
1-410-323-9811

Financial assistance to clinic patients.

### **III. G. FINANCIAL ASSISTANCE**

#### **Harford County Health Department**

119 Hays Street  
Bel Air, MD 21014  
1-410-638-8400  
Financial assistance for Harford County residents with HIV infection.

#### **HAVEN**

(HIV/AIDS Volunteer Enrichment Network)  
P.O. Box 514  
Arnold, MD 21012  
1-410-224-2437  
Financial assistance to Anne Arundel County residents with HIV infection.

#### **Hemophilia Foundation of Maryland**

8043 Kimberly Road  
Baltimore, MD 21222  
1-410-288-3955  
1-800-964-3131  
Financial assistance for HIV+ hemophiliacs.

#### **HERO**

1734 Maryland Avenue  
Baltimore, MD 21201  
1-410-685-1180  
Financial assistance to persons with symptomatic HIV infection, limited to \$200 per person per year, for the following categories: utilities, shelter and prescriptions.

#### **Imani Center**

3100 Towanda Avenue  
Baltimore, MD 21215  
1-410-383-4030  
Financial assistance for clinic patients.

#### **Individual Benefits, Inc.\*\*\***

Four Seasons Executive Centre  
416-P Gallimore Dairy Road  
Greensboro, NC 27409  
1-800-800-3264

Individual Benefits is a financial services company that helps people living with HIV disease in selling their life insurance policy for a lump sum cash settlement. This company acts as a representative for the client, working to get the largest settlement being offered. The settlement received may be as high as 85% of the face value of the policy.

\*\*\* AIDS Action Baltimore, Inc. neither endorses nor impugns this service, but merely seeks to inform PWA's of all available financial options. People interested in services of this kind should be aware of the financial restrictions imposed by such services and the rights they abrogate once they contract for services of this kind.

There are many more companies in addition to the one listed above that will act as a representative for the viator, soliciting offers from several different purchasing sources or that will purchase an existing life insurance policy at a discount. Please contact the AAB office for information on these companies.

#### **Johns Hopkins Hospital Moore Clinic**

600 N. Wolfe Street  
Baltimore, MD 21287  
1-410-955-1725  
Financial assistance for clinic patients.

#### **Park West Medical Center**

4120 Patterson Avenue  
Baltimore, MD 21207  
1-410-542-7800 ext. 5348  
Financial assistance for clinic patients.

### **III. G. FINANCIAL ASSISTANCE**

**S.A.F.E., Inc. (Susquehanna AIDS Fund for Emergencies)**

P.O. Box 575

Havre de Grace, MD 21078

1-410-939-7440

Financial assistance to persons with HIV/AIDS living in Harford and Cecil Counties.

**Saint Agnes Healthcare**

900 Caton Avenue

Baltimore, MD 21229

1-410-368-6000

Financial assistance for clinic patients.

**South Baltimore Family Health Center**

631 Cherry Hill Road

Baltimore, MD 21225

1-410-354-2000

Financial assistance for clinic patients.

**The Steven Kaufman AIDS Outreach Project**

2835 Smith Avenue, Ste. 202

Baltimore, MD 21209

1-410-484-2437

Financial assistance to persons with HIV infection.

**STAR (Sisters Together and Reaching)**

1505 Eutaw Place

Baltimore, MD 21217

1-410-383-1903

Emergency financial assistance for women with HIV infection

**Total Health Care Family Outreach Program**

2305 N. Charles Street

Baltimore, MD 21218

1-410-383-8300

Financial assistance for clinic patients.

**University of Maryland Medical Center -  
Evelyn Jordan Center**

For University of Maryland patients only.

1-410-328-1900

**YANA (You Are Never Alone)**

2013 W. Pratt Street

Baltimore, MD 21223

1-410-566-7973

Emergency financial assistance for women with HIV infection.

### III. H. CASE MANAGEMENT

The following agencies offer on-going case management and consultation to HIV infected individuals who are not able to access services without assistance. These agencies may be community based or located at a health clinic or hospital. Case managers can link clients to appropriate services and help them develop the skills and resources they need to access services on their own. Proof of HIV status will be required in order to start services. The phone numbers listed below should be used when calling to make an appointment or for information.

AIDS Interfaith Residential Services (AIRS)	1-410-576-5070
Anne Arundel County Health Department	1-410-222-7108
Baltimore American Indian Center	1-410-563-4600
Baltimore City Health Department	1-410-396-4528
Baltimore County Department of Health	1-410-887-5918
Baltimore Medical System	1-410-732-8800
Black Educational AIDS Project (BEAP)	1-410-234-1448
Bon Secours Hospital	1-410-362-3000
Carroll County Health Department	1-410-876-4900
Chase Brexton Health Services	1-410-837-2050
Frederick County Health Department	1-301-694-1029
Glenwood Life Counseling Center	1-410-323-9811
GBMC Weinberg Community Health Center	1-410-522-1200
Harford County Health Department	1-410-638-8400
Health Care for the Homeless	1-410-837-5533
Health Education Resource Organization (HERO)	1-410-685-1180
Howard County Health Department	1-410-313-2333
Imani Center	1-410-383-4030
Johns Hopkins Hospital Moore Clinic	1-410-955-1725
Johns Hopkins Hospital Pediatric Clinic	1-410-614-5963
Park West Medical Center	1-410-542-7800 ext. 5348
Project PLASE	1-410-837-1481
Project HOME/AIDS	1-410-361-5005
Queen Anne's County Health Department	1-410-758-0720
Sinai Hospital	1-410-601-6207
Sisters Together and Reaching (STAR)	1-410-383-1903
South Baltimore Family Health Center	1-410-354-2000
Total Health Care	1-410-383-8300
UJIMA Outreach Program	1-410-396-1930
University of Maryland Medical Center Evelyn Jordan Center	1-410-328-1900
University of Maryland Medical Center Pediatric Clinic	1-410-706-8220
The Whitman-Walker Clinic	1-202-797-3500
Yorkwood Health Center	1-410-467-6040
You Are Never Alone (YANA)	1-410-566-7973

### **III. I DAY/RESPIRE CARE and FOSTER CARE**

#### **Almost Family**

1840 York Road  
Timonium, MD 21093  
1-410-560-6717  
Program for adults seven days a week.

#### **Baltimore Family Center**

**HIV Treatment Foster Care Program**  
(Family & Children's Services of Central  
Maryland)  
204 W. Lanvale Street  
Baltimore, MD 21217  
1-410-669-9000

Foster care program providing in-home support for biological, foster and adoptive parents of children from birth to five years of age who are HIV+.

#### **Baltimore Pediatric HIV Program**

P.O. Box 25535  
Baltimore, MD 21217  
1-410-225-2600  
Program for children ages 2 - 6 years whose parents have HIV/AIDS.

#### **Chara House**

(Catholic Charities)  
4203 Belvue Avenue  
Baltimore, MD 21215  
1-410-367-1191

Group home providing long-term or short-term foster care to children from ages newborn to three who have or are at risk of having HIV disease.

#### **HERO Drop In Center**

1734 Maryland Avenue  
Baltimore, MD 21201  
1-410-685-1180

Provides meals, day activities, employment opportunities and support groups for HIV infected persons only. Referrals may be made to the drop in center by any HIV service provider.

#### **The League - Adult Day Health Center**

1111 E. Cold Spring Lane  
Baltimore, MD 21239  
1-410-323-0500  
Daily program for adults with physical disabilities.

#### **Martin Luther King, Jr. Early Head Start**

**Ashland Support Site**  
600 W. North Avenue  
Baltimore, MD 21217  
1-410-225-3615

Program for children ages 6wks - 3 yrs, whose parents have HIV/AIDS.

#### **Mt. Washington Pediatric Hospital**

1708 W. Rogers Avenue  
Baltimore, MD 21209  
1-410-578-8600

## IV. A PROFESSIONAL COUNSELING

### **Alternatives**

Belmont Center for Comprehensive Treatment  
4200 Monument Road  
Philadelphia, PA19131  
1-800-DIAL-GAY

Behavioral health program offering an array of psychiatric and chemical dependency services for the gay, lesbian and transgender community.

### **Behavioral Science Associates, Inc.**

Edward Geraty, M.A.  
Falls Concourse  
10751 Falls Rd. Ste. 255  
Lutherville, MD21093  
1-410-339-5370

### **Chase Brexton Health Services**

1001 Cathedral Street  
Baltimore, MD 21201  
1-410-837-2050

4000 Old Court Road, Ste. 203  
Baltimore, MD 21208  
1-410-486-5991

Mental health counseling, individual and group.

### **Chesapeake Psychological Services**

Kenneth B. Morgen, Ph.D.  
28 W. Allegheny Ave., Ste. 1304  
Towson, MD 21204  
1-410-321-1091

### **Fishbein Psychological Associates**

1 East Chase Street, #201  
Baltimore, MD 21202  
1-410-521-2150

### **Franklin Square Hospital Center - Inpatient Psychiatry**

9000 Franklin Square Drive  
Baltimore, MD 21237  
1-410-777-7632

### **HERO**

1734 Maryland Avenue  
Baltimore, MD 21201  
1-410-685-1180

Neuropsychiatric evaluations, psychotherapy and psychiatric case management

### **Impact (Sinai Rehabilitation Center)**

2401 W. Belvedere Ave.  
Baltimore, MD 21215  
1-410-601-6008

## IV. A PROFESSIONAL COUNSELING

**J. Shep Jeffreys, Ed.D.**  
10533 Green Mountain Circle  
Columbia, MD 21044  
1-410-730-6070

**Paula LaSalle, R.N.,C.S.,C.C.M.H.C**  
3649 Ligon Road  
Ellicott City, MD 21042  
1-410-465-4426

**Lambda Center**  
4228 Wisconsin Avenue, N.W.  
Washington, DC 20016  
1-877-2LAMBDA  
1-800-369-2273  
Behavioral health care programs for the gay, lesbian and transgender communities.

**Gregory Lehne, Ph.D.**  
4419 Falls Road  
Baltimore, MD 21211  
1-410-366-0642

**Life Mastery Center**  
10635 York Road  
Cockeysville, MD 21030  
Dean Kirschner, MSW, LCSW-C  
1-410-628-2121

**Montgomery Hospice Society**  
1450 Research Boulevard  
Rockville, MD 20850  
1-301-279-2566

**Psychotherapy & Wellness Associates**  
340 Park Avenue  
Frederick, MD 21701  
Ted Cmarada, LCSW  
1-301-663-1683  
Individual/couples counseling, yoga, meditation, massage, and body work.

**South Baltimore Family Health Center**  
631 Cherry Hill Road  
Baltimore, MD 21225  
1-410-354-2000

**Stella Maris Hospice Center for Grief & Loss**  
2300 Dulaney Valley Road  
Timonium, MD 21093  
1-410-252-4500

**Universal Counseling Service, Inc.**  
16 S. Calvert Street  
Baltimore, MD 21202  
1-410-752-5525

**Douglas Woodruff, M.D.**  
4419 Falls Road  
Baltimore, MD 21211  
1-410-889-5455

## **IV. B. RELIGIOUS COMMUNITY SERVICE ORGANIZATIONS / PASTORAL COUNSELING**

### **AIDS Interfaith Network**

P.O. Box 1402  
Cockeysville, MD 21030  
1-410-817-4093

### **Associated Catholic Charities**

19 W. Franklin Street  
Baltimore, MD 21201  
1-410-659-4050

### **Black Educational AIDS Project (BEAP)**

101 W. Read Street, Suite 422  
Baltimore, MD 21201  
1-410-234-1448

### **Centennial Caroline United Methodist Church**

Rev. Iris Farabee-Lewis  
1029 E. Monument Street  
Baltimore, MD 21202  
1-410-276-3079

### **Churches United Against AIDS**

1734 Maryland Avenue, Ste. 134  
Baltimore, MD 21201  
1-410-685-1180 ext. 311

A network of churches and other service providers who are individually providing support services to families and individuals living with HIV/AIDS in their congregation and community.

### **Episcopal Social Ministries**

4 East University Parkway  
Baltimore, MD 21218  
1-410-467-1264

### **First & Franklin Street Presbyterian Church**

210 W. Madison Street  
Baltimore, MD 21201  
1-410-728-5545

### **First Unitarian Universalist Church of Baltimore**

Charles & Franklin Streets  
Baltimore, MD 21201  
1-410-685-2330

### **Homewood Friends Meeting House (Society of Friends - Quaker)**

3107 N. Charles St.  
Baltimore, MD 21218  
1-410-235-4438

### **Jewish Information Service**

5750 Park Heights Avenue  
Baltimore, MD 21215  
Maintains a list of interested Rabbis and phone numbers.  
1-410-466-4636

### **Memorial Episcopal Church (MCC)**

401 W. Monument Street  
Baltimore, MD 21201  
1-410-669-6222

### **Metropolitan Community Church**

1605 St. Paul Street  
Baltimore, MD 21202  
1-410-234-1676

## **IV. B. RELIGIOUS COMMUNITY SERVICE ORGANIZATIONS / PASTORAL COUNSELING**

### **Project A.R.I.S.E. (Abstinence, Remembering, Instilling Pride, Self-worth and Education ensures prevention)**

20 W. North Avenue  
Baltimore, MD 21201  
1-410-837-8660

Faith-based ministry providing HIV/STD prevention services to African American families with specific focus on African American women of childbearing age in Baltimore City

### **Our Savior Lutheran Church**

141 Laverne Ave.  
Baltimore, MD 21227  
1-410-242-2141 office

### **SS. Phillip and James Church**

HIV/AIDS Outreach Ministry  
2801 N. Charles Street  
Baltimore, MD 21218  
1-410-235-2294

### **St. Vincent Center (Roman Catholic)**

2600 Pot Spring Road  
Timonium, MD 21093  
Father Ray Chase  
1-410-252-4700

### **STAR(Sisters Together and Reaching)**

1505 Eutaw Place  
Baltimore, MD 21217  
1-410-383-1903

### **The Steven Kaufman AIDS Outreach Project**

2835 Smith Avenue  
Baltimore, MD 21209  
1-410-484-4602

Provides counseling, financial assistance, in-home healthcare, visitors, food pantry, transportation to and from medical appointments, outreach and support groups.

## IV. C. SUPPORT GROUPS

**Please Note:** The listings below are a partial list of support groups in the Baltimore metropolitan area. This list is constantly in revision. We suggest that you call ahead of time to make sure that the support group is still meeting at the place and/or time indicated.

### ALLEGHANY COUNTY

**Alleghany County Health Department** Group for people at any stage of HIV infection meets as need arises  
Contact: Maureen Blanco 1-301-777-2178

### ANNE ARUNDEL COUNTY

Groups meet regularly at confidential locations. Common Threads is for **HAVEN** anyone who is HIV+. HAVENFriends is a setting in which clients and volunteers get together in a supportive community to share social activities. The Addictions Group is for HIV+ individuals progressing toward recovery from substance abuse. The Women's Circle addresses the unique aspects of HIV as it pertains to women, emphasizing a holistic approach to health. The Brooklyn Park Day Group is a daytime group for all HIV+ clients who seek to give and receive support. The Spirit Circle is a non-denominational approach to exploring connections to a sense of higher power, one's self and the environment. HAVEN also offers groups as need arises to address other aspects of the community's needs including gay, lesbian, bisexual and transgender populations; family, friends, spouses and significant others and loved ones of HIV+ people; and, youth and children whose lives have been affected by HIV/AIDS.

Contact: Tony Teano 1-410-224-2437

### BALTIMORE CITY

**AIDS Interfaith Network** Group to meet the specific religious and spiritual needs of people with HIV infection, their family, friends and significant others meets as need arises. For more information:  
Contact: Reverend Ron Mulberger 1-410-242-2141

**Beginning Recovery Together, Inc. (BERT)** Group for women with or at risk of HIV infection whose lives have been affected by abuse or addictions.  
Contact: Bert Queens 1-410-662-4058

**Black Educational AIDS (BEAP)** Group for men, women and children infected or affected by HIV disease. **Project** Meets as need arises.  
For more information call: 1-410-889-8822

**Black Mental Health Alliance** Group for women who are HIV+, have AIDS or are at high risk. Meets as need arises.  
For more information contact: 1-410-837-2642

**Chase Brexton Health Services** HIV+ Gay Men's Group, HIV Women's Group, and Substance Abuse Group.  
For more information contact the Mental Health Department:  
1-410-837-2050, ext. 1428

**Churches United Against AIDS** Groups for HIV+ individuals and families  
For more information: 1-410-685-1180 ext. 311

**Grateful, Inc.** Groups for HIV+ individuals and families.  
Contact: Jerel Shaw 1-410-728-5711

**HARBEL Community Organization** Adult HIV/AIDS group meets Saturdays at 12:00 pm  
For more information, call Anita: 1-410-444-2100 ext. 42

**HERO** Women's Group meets Tuesdays 1:30-2:30 pm. Opposites Attract meets Thursdays at 7:00 pm. Spiritual Group meets Tuesdays 3:30-4:30 pm. Narcotics Anonymous Group meets Mondays, Wednesdays and Fridays. Addictions Group meets Tuesdays 10:00-11:00 am. Night Riders Group for sex-workers meets Fridays at 10:00 pm. Gay Men Group meets Thursdays 2:30 - 4:00 pm. Additional groups are forming.  
For more information call: 1-410-685-1180

## IV. C. SUPPORT GROUPS

- HOPE Programs**      Rafiki Youth Group for children 6 - 12 years of age who have a relative or friend living with HIV/AIDS. Meets twice a month with round trip transportation provided. Rafiki Teen Group for adolescents who have a relative or friend living with HIV/AIDS. Meets twice a month, weekdays after school. Camp Matumaini is an annual weekend bereavement camp for families to address issues of loss and grief.  
For more information, call Yvonne Leacock: 1-410-466-1529
- Johns Hopkins Hospital** HIV+ Women's Group meets every Tuesday 12:00 pm - 1:00 pm  
For more information, call Olivia Radcliffe: 1-410-614-5014  
HIV/Substance Abuse Group is an open group held every Thursday 12:00-1:30 pm.  
For more information, call George Larson: 1-410-955-1169
- Johnson Square Day Care Program**      Group for grandparents who are caregivers of HIV+ children. Meets on the 2nd Wednesday of each month at 4:00 pm. Group for HIV+ teens. New groups form as need arises.  
For more information call: 1-410-225-2600
- Martin Luther King, Jr. Early Head Start Ashland Support Site**      Group for families with HIV+ children. New groups are currently forming.  
For more information call: 1-410-225-3615
- The New Psalmist Baptist Church**      Group providing spiritual and emotional support for persons living with HIV and AIDS. Meets as need arises.  
For more information, call Minister Valerie Wells: 1-410-945-3000 ext. 3012
- Positive Power Group**      Group for HIV+ African-American gay and bisexual men.  
Meets on Mondays 7:00-9:00 pm.  
For more information, call Kevin Clemmons: 1-410-963-7329
- St. Agnes Hospital**      Group for all people with HIV disease. Meets as need arises.  
For more information, call Rev. Brenda McBride: 1-410-947-6267
- Sisters Together and Reaching (STAR)**      Group for HIV+ women. Meets every Wednesday 5:00-7:00 pm.  
Group for HIV+ men meets every Thursday 5:00 -7:00 pm. Family Group meets on the 3rd Wednesday of each month 5:00 - 7:00 pm.  
Contact: Anthony Campbell 1-410-383-1903
- Stella Maris Hospice-Center for Grief and Loss**      Adult bereavement groups and individual counseling, Sudden Loss Group, Parent Loss Group, and Widow & Widowers Group.  
For more information, call: 1-410-252-4500 ext. 291  
Children bereavement group Me Too, teenager group Single Steps and individual counseling.  
For more information, call: 1-410-252-4500 ext. 287
- The Steven Kaufman AIDS Outreach Project**      Group based on a Jewish family approach to HIV disease and AIDS.  
Meets as need arises.  
Contact: Diane Israel 1-410-484-2437
- University of Maryland Medical Center - Evelyn Jordan Center**      Groups for adult men and women with HIV disease. Women's Group, Art Therapy Group, Recovery Group, Women's Addiction Group, EJC Group, Adherence Group and Relapse Prevention Group.  
For more information, call: 1-410-328-1900 ext 4  
**STARTRACK Program** Teen Group for HIV+ adolescents.  
For more information, call: 1-410-706-7356/2000
- Veteran's Administration**      Group for veterans with HIV disease. Meets Wednesdays 12:00 - 1:00 pm.  
For more information, call Phil Eichmiller: 1-410-605-7288

## IV. C. SUPPORT GROUPS

### BALTIMORE COUNTY

**Baltimore County Department of Health**

For people at any stage of HIV infection. Meets every other Wednesday at 6:30 p.m. Contact Mary Lennon at 1-410-887-6696.

**Behavioral Science Associates**

Groups for gay and bisexual men form as need arises. For more information call Ned Geraty at 1-410-339-5370.

**Reisterstown United Methodist Church**

Group for family and friends affected by HIV disease. Meets monthly. For more information, call Deanne Callegary: 1-410-833-5919.

**Stella Maris Hospice-Center for Grief and Loss**

Adult bereavement groups and individual counseling, Sudden Loss Group, Parent Loss Group, and Widow & Widowers Group. For more information, call: 1-410-252-4500 ext. 291  
Children bereavement group Me Too , teenager group Single Steps and individual counseling.  
For more information call: 1-410-252-4500 ext. 287

### HARFORD COUNTY

**Harford County Health Department**

Group for adults and children infected or affected by HIV disease, their family members and support persons. Meets on the 1st and 3rd Wednesdays of the month 6:00-7:30 pm.  
Contact: Elizabeth Kregel 1-410-638-8419

### HOWARD COUNTY

**Family and Children Services of Central Maryland at Family Life Center**

Group for people at any stage of HIV infection meets Mondays at 7:30 pm. Other groups form as need arises  
For more information, call: 1-410-997-3557

### MONTGOMERY COUNTY

**Montgomery County Public Health Department**

Concerned Others Group meets every other Thursday 7:30-9:00 pm.  
HIV/AIDS Group meets Wednesdays 7:00-8:30 pm.  
Other groups form as need arises.  
Contact: Marge Moscattiello 1-240-777-1775

### PRINCE GEORGE'S COUNTY

**The Whitman-Walker Clinic**

Group for men and women living with HIV/AIDS.  
Meets Mondays 6:00 - 7:30 pm. Group for counseling substance abusers meets Tuesdays 7:00 - 8:30 pm.  
For more information call: 1-301-439-0731

## V. FUNERAL HOMES/MORTUARIES/BURIAL ASSISTANCE

### **Maryland State Board of Morticians**

4201 Patterson Ave.  
Baltimore, MD 21215  
1-410-764-4792

According to Maryland State Law: "...the [Mortician] Board may deny a license to any applicant, reprimand any licensee, place any licensee on probation, or suspend or revoke any license if the applicant or licensee:

REFUSES, WITHHOLDS FROM, DENIES, OR  
DISCRIMINATES AGAINST AN INDIVIDUAL WITH REGARD  
TO THE PROVISION OF PROFESSIONAL SERVICES FOR  
WHICH THE LICENSEE IS LICENSED AND QUALIFIED TO  
RENDER BECAUSE THE INDIVIDUAL IS HIV POSITIVE."

\* Complaints and questions should be directed to the MD State Board of Morticians.

### **Maryland State Funeral Directors' Association**

7347 Old Alexandria Ferry Road  
Clinton, MD 20735  
1-301-877-4003

The Association provides advocacy for families experiencing discrimination. No funeral home can deny services to a family whose loved one has died of AIDS. However, each funeral home does have its own particular protocols.

The following funeral homes have been known to provide full service funerals for families of AIDS patients. However, each family should thoroughly scrutinize the type of services being offered to them.

### **Ambrose Funeral Home**

1328 Sulphur Spring Road  
Baltimore, MD 21227  
1-410-242-2211

### **Betts Funeral Home**

1129 North Caroline Street  
Baltimore, MD 21223  
1-410-522-0552

### **Joseph Brown Funeral Home**

2140 N. Fulton Avenue  
Baltimore, MD 21217  
1-410-383-2700

### **Bradley Ashton Funeral Home**

2134 Willow Spring Rd.  
Dundalk, MD 21222  
1-410 284-2600

### **Loring Byers Funeral Directors**

8728 Liberty Road  
Randallstown, MD 21133  
1-410-922-6400

## V. FUNERAL HOMES/MORTUARIES/BURIAL ASSISTANCE

**Chatman-Harris Funeral Home**  
5240 Reisterstown Road  
Baltimore, MD 21215  
1-410-578-3822

**Leroy O. Dyett Funeral  
Funeral Home**  
4600 Liberty Heights Ave.  
Baltimore, MD 21207  
1-410-664-6800

**Evans Funeral Chapel**  
2325 York Road  
Timonium, MD 21093  
1-410-252-8720

**George J. Gonce Funeral Home**  
4001 Ritchie Highway  
Baltimore, MD 21225  
1-410-789-1800

**Jenkins Funeral Home**  
4905 York Road  
Baltimore, MD 21212  
1-410-435-0200

**Sol Levinson & Bros., Inc.**  
8900 Reisterstown Rd.  
Baltimore, MD 21208  
1-410-653-8900

**Lilly & Zeiler, Inc.**  
1901 Eastern Avenue  
Baltimore, MD 21231  
1-410-327-1442

**March Funeral Home**  
1101 East North Avenue  
Baltimore, MD 21202  
1-410-727-3300

**McCully-Polyniak Funeral Home**  
130 East Fort Avenue  
Baltimore, MD 21230  
1-410-752-6456

**Jeff Miller Funeral Home**  
1639 N. Broadway  
Baltimore, MD 21213  
410-327-2777

**Mitchell-Wiedefeld Home**  
6500 York Road  
Baltimore, MD 21212  
1-410-377-8300

## V. FUNERAL HOMES/MORTUARIES/BURIAL ASSISTANCE

**James A. Morton & Sons**

1701 Laurens Street  
Baltimore, MD 21217  
1-410-728-1100

**Calvin B. Scruggs**

**Funeral Home**

1412 East Preston Street  
Baltimore, MD 21213  
1-410-837-4926

**Sterling Ashton-Schwab**

**Funeral Home**

736 Edmondson Ave.  
Catonsville, MD 21228  
1-410-747-5324

**Weber Funeral Home**

401 S. Chester St.  
Baltimore, MD 21231  
1-410-276-6600

**Zannino Funeral Home**

263 South Conkling Street  
Baltimore, MD 21224  
1-410-327-4220

## V. BURIAL ASSISTANCE

### **AIDS Interfaith Network of Central Maryland**

P.O. Box 1402  
Cockeysville, MD 21030  
Larry Johnson  
1-410-817-4093  
Contribution of up to \$300 for burial costs.

### **Cremation and Funeral Alternatives**

8717 Green Pastures Drive  
Towson, MD 21286  
1-410-321-1005  
Complete cremation and burial services at a very economical rate which can be paid for in advance or at the time of service.

### **The Cremation Society of Maryland**

299 Frederick Road  
Baltimore, MD 21228  
1-410-788-1800  
Complete cremation services at a very economical rate which can be paid for in advance or at the time of service.

### **Social Security Survivor Benefit**

Contact your local Social Security office for a \$255 burial assistance grant to help with the burial costs of a spouse.

## **SOCIAL SERVICES**

The Emergency Environmental Services Unit (EESU) located in Baltimore City at the Department of Social Services, 2000 N. Broadway, administers a Burial Assistance Program. A representative for the deceased must file at the EESU for burial assistance prior to paying for funeral expenses, since payment will not be reimbursed. A friend, relative or associate may file on behalf of the deceased.

To qualify for burial assistance, the deceased must have been a recipient of Temporary Cash Assistance (TCA), Transitional Emergency Medical Housing Assistance (TEMHA II), Refugee Cash Assistance (RCA), Public Assistance to Adults (PPA), Long Term Care (H-95), Foster Care or Supplemental Security Income (SSI).

Burial expenses may not exceed \$1,500. The maximum grant is \$650 with the applicant or deceased's family responsible for paying the balance of the cost. Life insurance owned by the deceased is counted against the burial assistance grant. An insurance policy owned by a family member or friend is excluded in the calculation of benefits. Unpaid burial expenses may qualify for assistance. The grant does not pay for a burial plot, opening and closing of the grave, flowers or clothing. Applications are accepted on a walk-in basis, any weekday from 8:00 am to 2:30 pm. Inquiries may be directed to Mr. Dean at 1-443-423-6016 or by calling the main number at 1-443-423-6000.

## VI. LEGAL ASSISTANCE

### A. ORGANIZATIONS

**Attorney General's Office - Health Advocacy Unit**

200 St. Paul Place, 16th Floor  
Baltimore MD 21202  
1-410-528-1840  
Kevin Simpson; re: health insurance.

**Baltimore Community Relations Commission**

10 North Calvert Street, Suite 915  
Baltimore, MD 21202  
1-410-396-3141  
Discrimination cases re: race, religion, national origin, ancestry, age, sex, physical or mental disability, including AIDS, and sexual orientation in the areas of employment, public accommodations, education and health and welfare services.

**Equal Employment Opportunity Commission**

10 South Howard Street, 3rd Floor  
Baltimore, MD 21201  
1-410-962-3932  
Investigates charges of discrimination based on age, color, sex, religion, national origin.

**Disability Advocates**

301 N. Charles Street, Suite 401  
Baltimore, MD 21201  
John F. Springer  
1-410-223-2877  
Representation of people with HIV/AIDS and seeking Social Security Disability benefits.

**HERO**

1734 Maryland Avenue  
Baltimore, MD 21201  
1-410-685-1180  
Living Wills, Powers of Attorney, Entitlement Benefits, Permanency Planning for Minor children, Insurance, Bankruptcies and Discrimination Issues.

**Lambda Legal Defense and Education Fund**

120 Wall Street, Ste. 1500  
New York, NY 10005  
1-212-809-8585

**Legal Aid Bureau**

Central Office  
500 E. Lexington Street  
Baltimore, MD 21202  
1-410-539-5340

**Maryland Disability Law Center**

1800 N. Charles Street, #400  
Baltimore, MD 21201  
1-410-727-6352  
1-800-233-7201  
1-410-727-6387 TTY  
Legal representation including counseling and referral services for disabled persons regardless of income.

**Maryland Human Relations Commission**

6 St. Paul Street, 9th Floor  
Baltimore, MD 21202  
Attn: Lee Hoshall  
1-410-767-8576  
AIDS discrimination cases re: employment, housing, medical & dental treatment, etc.

## **VI. LEGAL ASSISTANCE**

### **Maryland State Insurance Administration**

Life/Health Insurance Investigation  
525 St. Paul Place  
Baltimore, MD 21202  
Mr. Todd Cioni  
1-410-468-2235

### **Maryland Volunteer Lawyer Service**

16 S. Clinton Street  
Baltimore, MD 21202  
1-410-547-6537  
Free legal assistance with wills, guardianship, powers of attorney, bankruptcies, housing and employment issues.

### **University Of Maryland Clinical Law Office - PWA Assistance**

510 West Baltimore Street  
Baltimore, MD 21201  
1-410-706-8316  
University of MD patients receive preference.

## **B. PRIVATE ATTORNEYS**

### **Elliott A. Brager, Esquire**

8631 Liberty Road.  
Randallstown, MD 21133  
(410) 655-4757

### **Lynda Dee, Esquire**

201 N. Charles Street, Suite 2300  
Baltimore, MD 21201  
(410) 332-1170

## VII. APPENDIX A

### Understanding Your Lab Results

This article written by Dr. Christopher Beyrer for the “Baltimore Alternative” is reprinted with permission, and has been updated by AIDS Action Baltimore President, Lynda Dee.

When physicians want to know how a patient is doing clinically they often ask “what are the numbers?” These “numbers” are lab results, usually from tests done on blood. For people with AIDS and their caregivers the “numbers,” are quite important and are often used in deciding key issues of care. Of course, lab results are no substitute for a complete evaluation, and no one lab test is ever an answer, yet we know enough about AIDS now to tell a good deal from these tests. The lab tests used to examine PWAs are not difficult to understand, but they’re often explained in medical jargon, a language closer to old church Latin than to plain English or Spanish. Here, then, is an explanation of what some of “the numbers” mean.

The first test many of us encounter is the HIV test. This is sometimes mistakenly called the “AIDS Test” but it’s nothing of the kind. AIDS is a syndrome, which means it is diagnosed on the overall picture of the patient. There is no one test for AIDS. The HIV test looks for antibodies to the HIV virus. Antibodies are proteins the body makes in response to an infection or to an exposure, or to a vaccine. So the HIV test tells us if a person has been exposed and made antibodies to the virus. It can take the body up to four months to make these antibodies after exposure to HIV, so a negative test can still occur when the virus has been in the body only a short time.

Viral load is an most important indicator of HIV activity and risk of progression to AIDS is a person’s viral load. “Viral load,” “viral burden,” “HIV burden,” “HIV load,” and “HIVRNA” all refer to the same thing; i.e., the actual amount of HIV in your bloodstream. Viral load testing measures the amount of HIV in your blood plasma. HIV viral load testing detects minute amounts of HIV ribonucleic acid (HIVRNA), which is the genetic material of HIV. Viral load test results are usually expressed as the number of HIVRNA copies per milliliter (copies/mL) of blood plasma. Depending on the sensitivity of the assay used, test results may range from fewer than 25 copies/mL to several million copies/mL.

Another important test is the CBC, the Complete Blood Count. The CBC counts the cells in the blood, the red cells, white cells and platelets (blood is made up of these various cells and the clear fluid plasma—the plasma is examined by blood chemistries). The majority of cells are red cells, the cells that carry oxygen. There are too many to count, so the percentage (%) of whole blood which is red cells is used. Typically the blood is 38-54% red cells in men and about 36-47% red cells in women. This percentage is called the Hematocrit. A low Hematocrit is seen in anemia, a common problem in PWAs and a common complication of therapy with AZT. Hemoglobin (Hgb), is the iron containing protein in red cells, it’s measured along with the hematocrit to evaluate the red cells.

After the red cells we look at the white cells, the cells involved in immunity. The total number of white cells is measured by the White

## VII. APPENDIX A

Blood Count or WBC, and is normally between 5,000-9,000 (doctors often drop these zeros and say the WBCs are 5 or 9). A low WBC is often a sign of low immune resistance. In healthy people a high WBC is a sign of an acute infection. Very low WBCs (below 3,000) are often seen in AIDS and can be a complication of numerous drugs including antiviral drugs like Gancyclovir.

The white cells are actually a family of cells which includes, among others, the lymphocytes. Lymphocyte means simply the lymph cells, and these are also the cells in lymph nodes. Lymphocytes again are a family (or cell line) and are of central importance in AIDS (the "L" in HTLV-III, an older name for HIV was for lymphocytes). Two key members of this family of cells are the T-helpers and T-suppressors, the "T" here stands for Thymus, the immune gland in the neck where these cells develop. The names get hairy here, but all the following mean the same thing: T4 = CD4 = T-helper. A healthy person has about 1,100-1,400 T-helpers and about 700-900 T-suppressors. This means a ratio, or proportion, of 1400 to 700 or 2 to 1. This number is called the helper to suppressor ratio. When the T-helpers (remember your doctor may say T4s, CD4s) fall below 400-500, many physicians begin combination antiviral therapy. When T4s fall to below 200, the patient usually has signs and symptoms of severe immune deficiency and is at risk for many infections. T4 cells below 100 make physicians nervous—and they should, at this level of immunity a PWA needs careful management to avoid infections. So "the numbers" here are watched very closely.

The CBC also looks at the last cell type, the platelets. Platelets are tiny cell fragments that play an essential part in blood clotting. There are usually between 200,00 to 500,000 in a blood sample. Low platelets are often seen in early HIV disease (especially in children) and very low platelets are sometimes seen in advanced disease—this can lead to easy bruising and easy bleeding.

There are, of course, many other kinds of tests important to PWAs, and they are usually geared to each person's particular problem. The ones described should be given to every PWA.

## VII. APPENDIX B

### AIDS - Related Diseases

#### AIDS - Related Cancers

- Kaposi's sarcoma
- Lymphoma of the B-cell
- Lymphoma of the brain

#### HIV Infections & Diseases

- HIV encephalopathy
- HIV related lipodystrophy

#### Opportunistic Infections & Diseases

##### Protozoal

- Cryptosporidiosis
- Entamoeba histolytica infection
- Giardiasis
- Isosporiasis
- Pneumocystis carinii pneumonia
- Toxoplasmosis

##### Fungal

- Aspergillosis
- Blastomycosis
- Candidiasis
- Coccidioidomycosis
- Cryptococcosis
- Cryptococcal Meningitis
- Histoplasmosis
- Mucormycosis
- Torulopsis infection

##### Bacterial

- Mycobacterium avium intracellulare
- Recurrent bacteria infections
- Salmonella septicemia
- Tuberculosis

##### Viral

- Cytomegalovirus
- Herpes simplex I & II
- Herpes zoster-varicella
- Human Papilloma Virus
- Progressive multifocal leukoencephalopathy
- Epstein-Barr virus

## VII. APPENDIX C

### Glossary of Common HIV Diseases

**Candida Albicans/Thrush:** A severe yeast infection commonly of the mouth, esophagus, vagina and occasionally the nailbeds and the skin around the armpits, groin and rectum. Symptom: White or gray patchy coating on the tongue, lips, throat and inside the mouth; severe vaginal itching and thick curdlike discharge.

**Cryptococcal Meningitis:** A fungal infection of the membrane covering the brain and spinal cord. Symptoms: Increasingly severe headaches, blurred or double vision, dizziness, confusion, nausea and vomiting, speech difficulties, ringing in the ears, difficulty walking, memory changes, inappropriate behavior, irritability, psychotic symptoms, seizures and/or fever.

**Cryptosporidium:** A disease caused by a protozoan found in animal and human feces. Symptoms: Severe diarrhea often accompanied by abdominal cramping, nausea, vomiting and/or appetite loss.

**Cytomegalovirus (CMV):** A virus related to the herpes family found in the lung, liver, blood, bowel, brain and eyes. Symptoms: May produce no symptoms or mild flu-like symptoms; Infections can produce hepatitis, pneumonia, retinitis, colitis and/or encephalitis.

**Direct Neurological Complications:** Dysfunction of the brain and/or central nervous system caused by HIV infection. Symptoms: Motor control problems, memory loss, seizures, headache, confusion, dizziness and/or mood swings.

**Epstein-Barr Virus (EBV):** A herpes-family virus that can cause infectious mononucleosis and lymphomas. Symptoms: Headaches, malaise, fatigue and/or swollen lymph nodes.

**Hairy Leukoplakia:** A combination of two viruses living together, sometimes mistaken for thrush. Symptoms: "Hairy" or corrugated lesion or white patch that appears on the sides of the tongue.

**Herpes Simplex I (HSV I):** A virus that results in cold sores or fever blisters on the mouth and face. Symptoms: Cold sores or fever blisters that do not heal or are on non-mucous skin.

**Herpes Simplex II (HSV II):** A virus that causes painful sores around the anus or genitals. Symptoms: Sores or blisters around the anus or genitals that do not heal or are on non-mucous skin.

## VII. APPENDIX C

**Herpes Zoster-Varicella:** Also called shingles, a disease caused by the same virus that causes chicken pox. Symptoms: Painful lesions or blisters on the body, usually around the torso.

**Histoplasmosis:** A fungal infection particularly common in the midwestern United States that usually develops in the lungs and spreads to other internal organs. Symptoms: May include coughing, weight loss, night sweats, swollen lymph glands and/or hard lesions in the lungs and mouth.

**Human Papilloma Virus (HPV):** A virus that causes warts generally found in the anal and genital area. Symptoms: Bumpy warts on or near the anal and genital area.

**Ideopathic Thrombocytopenic Purpura (ITP):** A condition in which the body produces antibodies against its own platelets, which are the blood cells that cause blood clotting. Symptoms: Bruising, easy bleeding in stools and gums and slow healing of wounds.

**Kaposi's Sarcoma (KS):** A cancer of the cells that line certain small blood vessels. Symptoms: Raised bluish to reddish purple skin lesions anywhere on the body and/or internal organs.

**Mycobacterium Avium Intracellulare (MAI):** A bacterial infection that lives in and infects the respiratory tract. May progress and spread to many other organs by way of the blood stream. Symptoms: Fatigue, wasting, fever, swollen glands, enlarged spleen, night sweats, cough and diarrhea.

**Persistent Lymphadenopathy:** Lymph nodes that are chronically swollen in at least two locations for more than six months. Symptoms: Swollen lymph nodes.

**Pneumocystis Carinii Pneumonia (PCP):** A protozoan infection of the lungs. Symptoms: Dry hacking cough, shortness of breath, an unusual chest discomfort, fevers and/or difficulty walking up stairs.

**Progressive Multifocal Leukoencephalopathy (PML):** A viral infection of the coating around the nerves of the brain. Symptoms: Memory loss, motor control problems, mood changes, seizures, vision impairment and/or speech impairment.

**Toxoplasmosis:** A protozoan infection of the brain, lungs or heart. Symptoms: Seizures, confusion, dizziness, headaches, fever and/or generalized weakness.

## VIII. REQUEST FORM

REQUEST FOR ADDITION/CORRECTION

AIDS RESOURCE GUIDE

ORGANIZATION \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

TELEPHONE ( ) \_\_\_\_\_

CONTACT PERSON \_\_\_\_\_

BRIEFLY DESCRIBE SERVICES \_\_\_\_\_

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\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

SUGGESTED SECTION(S) FOR SERVICES \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

SIGNATURE

DATE

AIDS Action Baltimore, Inc.  
10 East Eager Street  
Baltimore, MD 21202  
1-410-837-2437